

NEWSLETTER No. 765 w/c Mon 3rd October 2022

Week A

"Mental Health is not a dirty word – we all have mental health like we do physical health, good or ill"

Prince William

Dear Parents and Carers,

Unwanted and second-hand uniform

As in previous e-mails, if you have any unwanted, outgrown or second-hand uniform, we would absolutely love to have it. Jumpers, skirts, trousers, ties all welcome. In these difficult financial times, we are trying to build up stock to offer a second-hand uniform service. Students (or you) can drop it off at Reception at any time between 08.15 - 16.00. Well, not during lesson time for students of course.

Open Day Tours

We've held daytime tours of the College this week, and demand was so high that we needed to put on an extra three. Clearly, parents were a mix of existing CVCC families, and those experiencing the shock of realising their eldest is soon off to secondary school and where did all those years go? Anyway. if you were there, thank you so much for supporting your next child, and I hope you enjoyed the look round. As usual, our student tour guides were so good that we barely needed any adults. There were some great questions, and the only real issue was the cost of the cookies which were consumed in vast numbers.

Catchment and Admissions

Locally, things have changed quite a lot, so understandably parents on the tours were asking about this. I realise that if you're reading this, your child is almost certainly here, but you might be able to pass on the knowledge to a friend or neighbour. Our catchment area as on a map hasn't changed; it's roughly the shape of Africa and to the west goes up to but does not cross the Exeter boundary. Our catchment primary schools are Broadclyst, Clyst St George, Clyst St Mary, Rockbeare, Silverton, Stoke Cannon, and Whimple. Westclyst is not on the official list, but should be, and is in the geographical catchment anyway. For years we only filled two-thirds of our places from our catchment primaries, but with the rise in primary numbers and new housing we are now much more likely to be close to the limit of 180. There's no nice way of saying it, but it will be harder to gain a place if families live outside the catchment area especially at some distance. The good news is that a full school is more stable in terms of lower mobility in and out, and in financial terms. And any small advantage in financial terms is welcome just now.

Public Health Update

I have written separately to parents and carers about the update from Public Health Devon. In a nutshell, watch out for symptoms of covid, scarlet fever and norovirus as all three are doing the rounds; and if your child is unwell and likely to be infectious, keep them at home. I've included a helpful poster from the UKHSA entitled "Should I keep my child off school ?". One thing I'd like to draw attention to is the very clear advice that with sickness and diarrhoea students should not return until 48 hours after the last "episode" (what a great word). If a child was ill on Monday with S&D, they shouldn't be in school on Tuesday and we may ask you to come and get them.

Staff Absence This Week

A year ago, student absence due to covid was through the roof, and our attendance figure for the whole year never really recovered. This week the issue has been staff absence, mostly through covid and the sickness bug; we're hoping this is just a blip. There is also high demand for supply teachers. Your child might notice more than the usual number of substitute teachers, and things like homework may also have been affected. I just thought I'd mention this, as it has been a good start and the change has been sudden. It's nowhere near as bad as last spring term when up to a fifth of teachers were absent on some days.

Sixth Form News: Bude!

Thank you to Sixth Form editorial team of the Student Bulletin for this

After two years of covid cancellations, year 12 and 13 have finally been able to return to Bude's Adventure International centre for a 4 day, jam-packed residential.

Though a rogue 1am fire alarm may have got the week off to a rocky start, things soon picked up. Team building was the leading theme of the trip, with a whole range of different activities on the agenda to entertain and challenge students. From high ropes and climbing to mountain boarding, surfing and more, there was something for everyone to try, with brilliant instructors to guide and encourage students along the way. Thrown into the mix was Bude's unpredictable weather, making the trip all the more adventurous, and a selection of evening activities to keep us all busy.

The trip provided a great break away from the day-to-day routine and also the perfect opportunity to bring students together across both year groups as well as develop our teamwork and leadership skills !

Attendance

Changing from staff to student attendance, our overall levels are much better than last year. These are currently at 93.4%. This is encouraging, and thank you as always for your part in this. It is a fraction above national averages of 93.3%, but the standard "target" is 95%, so we do need to up our efforts. (As if schools can control epidemics...) There have been more holidays taken than usual for the time of year: these will always be unauthorised absence. Stating the obvious, there is a direct correlation between good attendance and reaching academic potential. As I say, thank you for encouraging good attendance, and for letting us know when there are absences.

Y10-13 Exam Booklets

Following up from last week, I repeated my famous (or infamous) "Children are maggots" assembly on all the regulations for exams, and non-examined coursework in particular, for Year 11. This follows the issue of the College's exam handbooks via e-mail last week, which are also on Teams and in tutor rooms. I don't really believe children are maggots, by the way; but judging by the increasingly rigorous exam rules and regs to tackle any possible malpractice, I wouldn't be at all surprised if Mrs Trunchbull was working for an exam board somewhere.

Instrumental Lessons

Again, you'll have been contacted separately about this, so what I say is just a reminder. We can arrange instrumental lessons with peripatetic music teachers in piano/keyboard, drums, guitar, bass guitar, and brass. Please contact Mr Hawkins on <u>hawkinsm@clystvale.org</u>. Just to be clear, these do

Best wishes,

Kevin Bawn

Principal



UK Health Security Agency

Should I keep my child off school?

Yes

	Until
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever	
Head lice	Tonsillitis	
Threadworms	Slapped cheek	



Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://grco.de/minfec.



<u>Ten Tors 5th – 7th May 2023 & Duke of Edinburgh's Award (Bronze & Silver)</u>:

Launch Meeting: Ma8 at 1:30pm on Tuesday 4th October 2022

In May 2022, Clyst vale teams participated in the annual Ten Tors challenge on Dartmoor successfully completing their assigned 35-mile routes. Due to their success, we're hopeful that the Army will this year allocate us 2 x 35-mile and 2 x 45-mile team slots, for the event due to take place in May 2023. If any year 9 or 10 students (35-miles) are interested in taking part in the 2023 event please come along to Ma8 at 1:30pm on Tuesday 4th October 2022. We're looking for six students to form each of the teams who are able to work well together, be determined, responsible and committed throughout the training as well as the main Ten Tors event itself. There is also an opportunity to participate in the Duke of Edinburgh's Award too – Bronze year 9, Silver year 10 – which looks excellent on CV's and normally a lot of fun too!

Ten Tors 2023

Want to try Ten Tors? And/or do Bronze/Silver DofE Award? In years 9 or 10....

Come along to Ma8 Tuesday 4th October 2022 1:30pm To find out more...



Clystvale vs Tiverton Year 9 Football.

Tuesday evening saw the Clystvale face Tiverton after a 5-2 loss last year. The year 9s lined up with a strong and developed side from last year and were looking to gain revenge on Tiverton from last year. As normal for Dog Village the wind was blowing across the pitch which made it difficult for the players. A strong first 15 minutes from Clyst vale enabled them to take the lead through a corner that fell to the feet of **Reece Sparkes**, who casually fired home to make it 1-0. Tiverton again looking for their pacey and strong centre forward who scored 4 goals last time. Eventually the back three of **Harry Bidder, Reece Sparkes and Josh Moyes** were broken through a long ball over the top. 1-1. After total dominance Clystvale made it 2-1 after a lofted through ball from **Theo Barefoot** allowed **Harry Metheral** to jinx past the keeper and put it into an open net. Again, Tivertons only tactic paid off with their striker latching on to a ball over the top of the defence to make it 2-2 at half time.

The second half started like the first with Clystvale on top. The tenacity and high pressure did not allow Tiverton very much time on the ball. Again, **Harry Metherall** latched onto a through ball and made it 3-2. With chance at both ends and **Reece Sparkes** making a goal line block that was odds on that Tiverton were going to score. But a great block denyed them the equaliser and left the Tiverton team in disbelief. Some excellent passing a moving play from the midfield 3 of **Harry O'Donnell, Charlie King and Theo Barefoot** allowed more chances to fall Clystvales way. **Harry Metherall** again jinxed past a few defenders to put the game beyond reach of Tiverton and the game finishing 4-2.

A much-improved Year 9 side that showed maturity, tenacity and commitment to the game. Something that was lacking last year. A great performance from the team and something they should take into their future fixtures. **Harry Metherall** would be the obvious choice for man of the match with his three goals, but Clystvale wouldn't have taken the points if it wasn't for **Reece Sparkes** heroics at the back. A tenacious display with a tough opponent in the Tiverton forward, as well as him notching a goal for himself. An excellent performance from the team and they thoroughly deserved the win. Well done lads.

Mr D Stapleton

Year 7 Boys Rugby

Clyst Vale v Tiverton HS

On a pleasant sunny afternoon, Clyst Vale Year 7 lads played in their first ever competitive match for the school. Despite St Peters not being able to make it over, Tiverton did and an enjoyable and positive experience was had by all.

The hard surface and first game for many allowed for the first of the game to be played under touch conditions to get used to the structure and lay out of the game. Clyst Vale handled very well and scored two tries down the slope.

The second and last thirds of the game introduced contact, with some tackles introduced on a static

basis and then live within a game. Both sides did extremely well, developing their confidence and

playing with bravery and respect for others, everything the game of rugby stands for! The next aim for the lads is to develop their rucking skills at training in advance of going to Blundells School on Wednesday 12 October.

Congratulations to the squad: Henry Grivin, Will Askew, Harrison Phelps, Buddy Brown, Thomas Aggett, Joe Card, Rudy Smith, Josh Wallend, Elan Underhill, Connor Kendle, Seb Rothwell, Zac Brown and Josh Stevens.

Mr Pearce



Broadclyst U14's (2022/23 Season)

Spaces have become available in our U14's Squad

To Join our Excellent Club Please Contact Any of Our Coaches below via WhatsApp

> Chris Gillard - 07540 695500 Mel Saunders - 07733 899014



Current Vacancies @ CVCC:

- Behaviour Support Room Co-ordinator (known as The Bridge)
 - Teacher of Maths
 - Cover Supervisor

For more information please visit our website

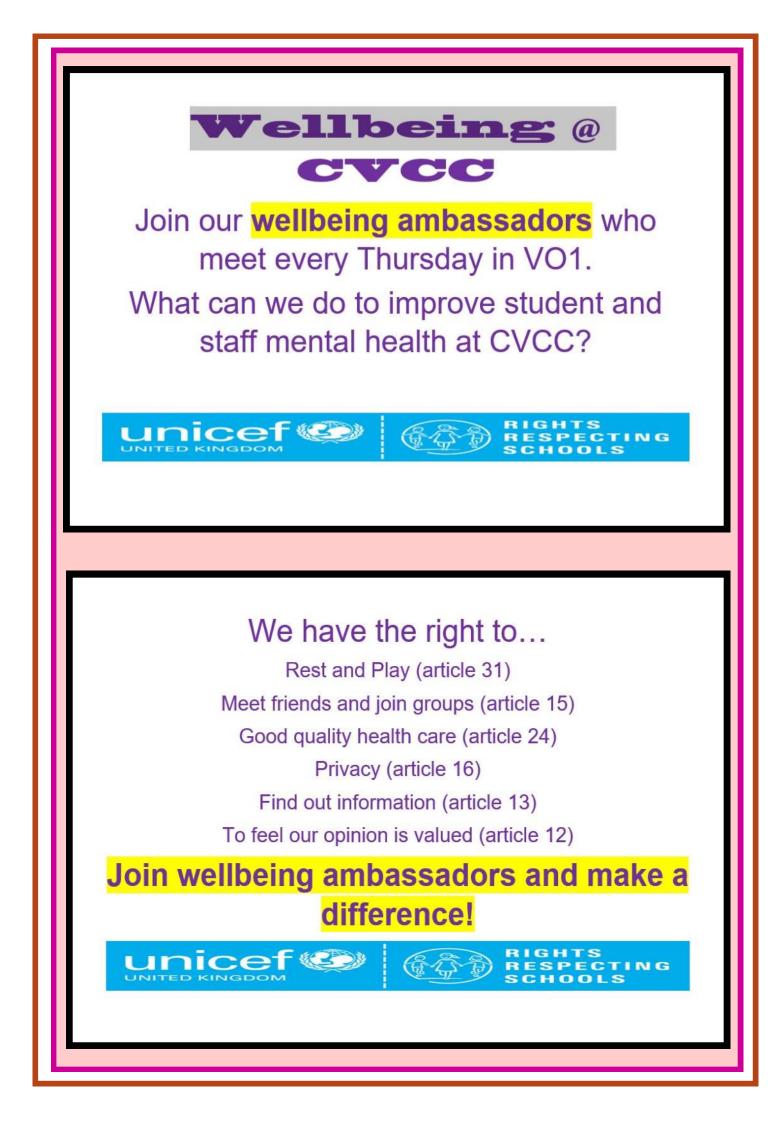
www.clystvale.org

Are you looking for a rewarding job?



Can you make a difference to your local community? There are full and part time vacancies in the community and residential settings as a care worker, administrator, cook, domestic and more. Register your interest and have an informal chat to find out more here: www.proudtocaredevon.org.uk/fi





Free support sessions for parents and carers

111

NEW

Have you got teenagers? Join us online for a chat about some of the challenges young people are facing today, and find out what tools you can use to support them.

Sessions:

LET'S TALK TEENAGERS

13 September – Exploring teenage relationships
20 September – Mental health and emotional wellbeing
27 September – Anger and challenging behaviour
4 October – Bullying
5 October – Online challenges



Visit **devon.cc/teenagers** to find out more about each session and book your free place.

Safer Devo



A TALK ON OUR CLIMATE: PAST, PRESENT & FUTURE BY DOCTOR ROBERT DUNN A MET OFFICE SCIENTIST.

ON FRIDAY 30th SEPTEMBER 7.30pm AT THE VICTORY HALL, WHIMPLE EX5 2TS

FREE FOR MEMBERS, NON-MEMBERS £3

THE SUBJECT WILL ALSO COVER: IMPLICATIONS FOR AGRICULTURE, HORTICULTURE AND OUR GARDENS. HOPEFULLY WITH SOME AUDIENCE PARTICIPATION. Due to limited seating in the hall, it is advised to arrive early to avoid disappointment. Brian Nelson Tel. 01404 813643

A showcase of some of our best young music talent

A Chance to Shine Tverton Pannier Market

Tiverton Pannier Market

Saturday 29 October (10am onwards)

- Live acoustic session in "The Busker Shack"
- Open to all aspiring musicians, including solo singers, bands, piano players and instrumentalists
- Running alongside general market with 25-plus stalls, Halloween
 Pumpkin Hunt and other family fun



Wanted – Quality musicians!

- 10 to 30 minutes of performance time
- We'll provide covered stage, MC, PA system, access to electricity and more
- We'll take videos and photos and promote you on Facebook and YouTube
- Performers aged 14 and over can earn money as buskers, if they wish

Interested – or know someone who might be? Please e-mail some brief details, and at least two or three video or audio links, to Market Manager Jim Bray at jbray@middevon.gov.uk, or call him on 07815 791191 for an informal chat Calling all Human Rights Defenders. Calling anyone interested in standing up for those who have suffered injustice.

Calling anyone interested in **promoting human** rights for all.

JOIN AMNESTY CLUB





KS4 &KS5 Tuesdays: Week A EN7 1.30pmbring your lunch

KS3 Tuesdays: Week B EN7 1.30pm- bring your lunch



LUNCH CLUBS

Day	Club	Time	Where	Changing Room	Teacher
vlonday	Film Club – commencing 3 rd October	Lunchtime	HU6		Miss Matthews
Ionday	Yr 7/8/9 Tech Club	Lunchtime	DT1		Mr Arthur
londay	Yr 9-13- Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
londay	Yr 10-13 - Weights	Lunchtime	Dance Studio	Humanities Block	Mr Pearce
uesday	Trailblazers	Lunchtime	HU7		Miss Nash
uesday	Ten Tors/DofE – commencing after Hal Term	1.30pm to 2.10pm	MA8		Miss Barratt/Mr Eales
uesday	KS4/KS5 Work Experience & Careers Drop In	Lunchtime	Careers Base		Miss Bennett
uesday	Yr 10/11 - Lacrosse	Lunchtime	Top Field	Humanities Block	Miss Hall
lesday	Yr 7-9 - Girls Football	Lunchtime	Top Field	Humanities Block	Mr Stapleton
aesday	Yr 10/11 - Btec Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
uesday	Week B – Yr 7/8/9 - Science Club	Lunchtime	SC4		Dr Odunlade/Mrs Spencer/Mr Ferret
/ednesday	Week B - LGBTQ+ Group	Lunchtime	HU4		Mr Zimbler
ednesday	Week A – Eco Committee	Lunchtime	HU4		Mr Zimbler
ednesday	Yr 11 Theory Catch Up	Lunchtime	DT3		Mrs Crook
/ednesday	Yr 7/8 - Badminton	Lunchtime	Sports-Hall	Sports Hall	Mr Powell/Michael Rothery
/ednesday	Yr 7-9 - Dance	Lunchtime	Dance Studio	Humanities Block	Miss Hall
/ednesday	Yr 8/9 - Netball	Lunchtime	Courts	Humanities Block	Mrs Elliot
nursday	History Club	Lunchtime	HU7		Miss Nash
nursday	Week A – Yr 10/11 Practical Catch UP	Lunchtime	DT3		Mrs Crook
nursday	Week B – Yr 1/11 Practical Catch Up	Lunchtime	DT3		Mrs Crook
nursday	Yr 31 - Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
nursday	Yr 10/11 - Dance	Lunchtime	Dance Studio	Dance Studio	Mrs Elliot
hursday	Yr 7-9 - Boys/Girls Rugby	Lunchtime	Field	Humanities Block	Mr Pearce
hursday	Yu Gi Oh! Club	Lunchtime	SC3		Mr Moxey
nday	Inter-Totor	Lunchtime	Various	Various	Mr Stapleton/Miss Hall/Mrs Broomfield/Mr Pearce/Mrs Elliot
riday	Post 16 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell
riday	Week B – Yr 9/10 – Science Club	Lunchtime	SC2		Dr Odunlade/Mrs Spencer/Mr Ferrett



Move More Cranbrook Challenge

Move More Cranbrook have teamed up with the BuddyBoost app to challenge Cranbrook to 26 minutes of physical activity, on 26 days throughout October and November.

The great thing about using the BuddyBoost app is that you can keep yourself and your buddies motivated to do your 26 minutes each day, by pinging celebrations and letting your small 'buddy group' of friends know you've done yours.

You'll also be able to choose one of three Cranbrook teams to join:

- Long Meadow Frogs
- Great Meadow Badgers
- Stone Meadow Otters

Simply <u>download the app</u>, type in Community Code: **MOVEMORE** and follow the instructions on your screen.

We'll be arranging celebration gifts such as T-shirts, water bottles and other gifts, for everyone who completes 26 days of 26 minutes over October and November, as well as prizes for those of you who really take the challenge on and do as many days as you can!

Your 26 minutes of exercise can be anything you choose and doesn't need to be out of the ordinary – though you're welcome to get creative and share your photos on the <u>@MoveMoreCranbrook Facebook page</u>. Aim for something, anything you like, that raises your heart and breathing rate enough that you can still hold a conversation but couldn't sing your favourite tune J

Join up for 1st October, or as soon as you can, to make sure you have a chance to complete your 26





A FREE PARENT AND CHILD INTRODUCTION TO RUNNING ANF JUNIOR PARKRUN

PARENT AND CHILD INTRODUCTION TO JUNIOR PARKRUN

JOIN US FOR A FREE GUIDED INTRODUCTION TO JUNIOR PARKRUN FOR PARENTS AND THEIR CHILDREN. A PERFECT WAY TO START THE DAY FOR CHILDREN AGED 4-14 YRS OLD.

INCLUDES FREE WATER BOTTLE FOR EACH CHILD.

When

Sunday 2nd Oct 2022 08:45

Where

Cranbrook Country Park Tillhouse Road

> Move More Cranbrook

For More Information email matt@cranbrookrunningclub.co.uk



CRANBROOK COUNTRY PARK JUNJOR PARKRUN!

CRANBROOK COUNTRY PARK JUNIOR PARKRUN SUMMER OF FUN!

JOIN US EACH SUNDAY THROUGHOUT THE SUMMER HOLIDAYS FOR A FUN TIMED WALK, RUN OR JOG FOR CHILDREN AGED 4-14 YRS OLD.





Find out more and register at: https://www.parkrun.org.uk/cranbrookcountrypark-juniors/



STUDENTS OF THE WEEK

RED SCHOOL

7RDF	Phoebe Letton
7RTM	No permission
8RBAT	Logan Brown
8RHSP	Ollie Westaway
9RSGA	Alfie Smith
9RZB	Lily Nash
10RAO	Lois Harker
10RMAH	Eva Halliwell
11RER	-
11RGG	-

	YELLOW SCHOOL
7ҮВН	
7YGG	
8YMBR	
8YTZI	
9YPN	
9 YSSC	
10YDS	
10YSP	
11YMPR	
11YNS	

GREEN SCHOOL7GLTJacob Evans8GCMCHolly Middleton8GIMJake Lucas, Emily Gill & Amelia9GABrPoppy Gologhtly11GHECharlie Skinner

CALIENDAR DAVIES				
DATE	EVENT			
Thursday 5th October	Rugby U14/U16 Girls—Ivybridge			
Thursday 6th October	Y7 Meet the Tutor (4-7pm)			
Monday 10th October	Fourth Monkey Theatre Co—Y11-13			
Wednesday 12th October	Rugby Y7,Y8,Y10—Blundells			
Tuesday 18th October	Post 16 Sociology—Exeter Crown Court			
Tuesday 18th October	Post 16 Geography—Slapton Infiltration Study			
Monday 24th to Friday 28th October	HALF TERM			
Wednesday 2nd November	Y13 Hampton Court			
Thursday 3rd November	Post 16 Art/Photo Trip to St Ives			
Friday 4th November	Y8+ School Photos			
Thursday 10th November	Post 16 Open Evening (6-8pm)			
Saturday 12th November	Ten Tors Walk 1			
Wednesday 23rd November	Plymouth Urban Regeneration Trip—Post 16 Geog.			
Thursday 24th November	GCSE B&V trip to Southall Gurdwara			
Thursday 24th November	GCSE Celebration Evening (6-8pm)			
Saturday 26th November	Ten Tors Walk 2			
Thursday 8th December	Y13 Parents Evening (4.30-6.30pm)			
Wednesday 14th December	Plymouth Inequalities 2021 Trip—Post 16 Geog.			
Friday 16th December	LAST DAY OF AUTUMN TERM (Note Early finish 2pm)			
Thursday 5th January 2023	FIRST DAY OF SPRING TERM			
Monday 13th to Friday 17th February 2023	HALF TERM			
Monday 3rd April to Monday 17th April	EASTER HOLIDAY			
Friday 21st July 2023	LAST DAY OF SUMMER TERM (Note Early finish 2pm)			
Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the				

Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring: Sharon Leaman/Racheal Long (Attendance Officers) Direct line: 01392 463911 Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please ring Sue Voysey—Assistant to Head of Post 16 Direct line: 01392 462697 Email: voyseys@clystvale.org Copying in Head of Sixth Form: haynesc@clystvale.org

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers Trutex GTN (2 pocket black)/David Luke DL965 black).
- Skirts Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Principal: Kevin Bawn, BA PhD

Address: Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon EX5 3AJ

Tel: 01392 461407 Email: admin@clystvale.org Web: www.clystvale.org

Library: 01392 464010

