

Key Stage 3 C42 Overview	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 3	SUMMER 2
YEAR 7	Transition to secondary & safety	Valuing Diversity- links to British Values	Health & Puberty	Building healthy relationship	Importance of mental health, LLTF	The world of work & goal setting
Key Health and wellbeing	Transition to secondary and personal safety inside and outside of school.	Diversity linked to RRS, Prejudice and bullying.	Healthy routines including dental health and emotional and physical changes.	Importance of Family and building Friendships (including online). Relationship boundaries and avoiding peer pressure.	LLTF Programme, importance of sleep.	Employability skills and how these can be developed (skills builder), goal setting and teamwork projects.
Living in the wider world						
Relationships						
	Addiction smoking, drugs & alcohol & safety	How to avoid Discrimination	The real game & careers	Body confidence & healthy eating	Relationships- Recognising different types of relationships	Digital literacy And enterprise project
YEAR 8	Effects of smoking, Alcohol and drug misuse and the pressures relating to these.	Different forms of discrimination and issues with stereotyping. To include racism, disability, sexism, homophobia, biphobia and transphobia	Making financial choices, real life jobs, labour market information and intro to careers	Mental health linked to body image and healthy coping strategies. Healthy eating	How to manage family changes. Starting and ending relationships and online relationships.	Social media and FOMO, recognising Fake news and gambling. Skills required to be an entrepreneur
	Laws & Crime related to young people, Gangs	Exploring relationships	Careers and preparation for options	Intimate relationships	Politics and finance	First Aid, personal safety & Mental Health
YEAR 9	Crimes that affect and are committed by young people. Gang exploitation linked to knife crime	What is a healthy relationship? Intro to, gender, sexuality and consent, sexting.	Strengths, careers options and goal setting. Writing my personal brand.	Relationships and Sex in the media, Intro to contraception and Sexually transmitted infections, Child Sexual Exploitation and Female Genital Mutilation	The UK parliament and Election system. Political party- Manifestos and campaigns Class elections and voting of class Prime Minister The UK tax system, Spending and saving.	Basic first aid skills, resuscitation. Personal safety. Healthy coping strategies