

STUDENT'S

Clyst Vale
COMMUNITY COLLEGE
A Science, Maths and Computing Academy

ESSENTIAL GUIDE

Everything you need to know about life at Clyst Vale Community College

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Rights Respecting School

In a Rights Respecting School, **children's rights are promoted and realised**. These rights were made launched by **UNICEF** and established legally within the **United Nations Conference on the Rights of a Child**.

Together, adults and children work towards this goal. At Clyst Vale, we believe that as a **GOLD** Rights Respecting School we have students who **respect, learn, and participate**.

Some key articles you will need to know...



Article 29: Aims of Education

It is important that we respect our teachers who work hard to give us the best education possible.

It is important that we work towards our full potential and take advantage of opportunities.

It is important that we value our learning environment and allow others to learn too.



Article 3: Best Interests of the Child

At the heart of Clyst Vale we promote your best interests. We make decisions to support you the best we can. Sometimes it might not be what you want, but it is what we feel you will need to get the best out of your education.



Article 2 – No Discrimination

No student should hear unkind and cruel comments about their identity. If you hear discrimination, as a Clyst Vale student, you have a duty to stand up to discrimination and report it to a teacher. Every student has the right to be proud of who they are!



Article 12: Respect for Children's Views

Join student voice through a range of clubs or tutor responsibilities if you want to share your views on what changes could be made at Clyst Vale. As teachers and school leaders, we want to hear how you could support a better Clyst Vale.



Article 24: Health, Water, Food, Environment

Every student should show respect to their environment and health. We should respect our college grounds and not litter or vandalise. We also promote healthy eating, and so did recent students who voted for our new canteen supplier. Clyst Vale is in the beautiful countryside, so let's protect this.

These are just some of the many rights we promote at Clyst Vale. **Discuss** at the dinner table tonight which one you think is the most **important** for a school to have.

Uniform at Clyst Vale

The purpose of a school uniform is to make you feel part of a community, and to teach you how to dress smart for when you leave college. The following is expected uniform:



- White collared shirt.
- School colour tie.
- **Optional** Clyst Vale V-neck jumper with College logo.
- Trousers should be plain, black, formal, and full length.
- Skirts - Blue Tartan - may be worn no more than 2" above the knee.
- Knee length black tailored shorts may be worn in the summer.
- Black sturdy shoes or all black trainers (**no white sole showing**).
- Clyst Vale reversible jacket or another outdoor coat.
- A plain white t-shirt or vest may be worn under the shirt.
- White socks or black tights with skirts.



Uniform rules!

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hoodies and sweatshirts are not permitted.
- Leggings are not permitted.
- Students are expected to tuck their shirts in.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.

Getting to Clyst Vale

There are many ways of getting to Clyst Vale such as walking, cycling, being driven in a car, or by bus. Below is a breakdown of some key things to know...



Walking:

If you are walking, you will need to make sure that you are careful when crossing the roads. Always assume that a car is not going to stop, so wait for when it is safe to cross. It is also important to remember, that when you are walking to and from school you will be wearing your school uniform. So, make sure that you behave just as you would in school as you will be easily recognisable.



Cycling

Students who wish to cycle must have written consent from parents/carers, and permission from their Head of Year to cycle to college and park bikes on college premises. Bikes are left at the owner's risk. Bikes must be locked, and students must wear helmets when cycling.



Bus:

You will catch the bus at the coach park. There are two rules when taking the bus:

- Students should always carry their bus passes.
 - Students must show good behaviour on buses
- Poor behaviour will be investigated and may result in a ban.

Your Daily Routine at Clyst Vale

Times of College day

8.50 - 9.05 Assembly/Registration

9.05 - 10.05 Lesson 1

10.05 - 11.05 Lesson 2

11.05 - 11.25 Break

11.25 - 12.25 Lesson 3

12.25 - 1.25 Lesson 4

1.25 - 2.10 Lunch

2.10 - 2.20 Registration

2.20 - 3.20 Lesson 5

Assemblies will be from a variety of staff including your head of year and head teacher. Registration will always be in your tutor base. Often, where your tutor teaches.

You can go to the field, or playgrounds at breaktime. Don't forget food and water from the Giraffe house or Canteen.

Each of your lessons will be in different classrooms, and with different teachers. Your timetable will tell you which classroom you need to go to.

At the end of the school day, you will be allowed to leave school. Head to the bus bay to either catch your bus, cycle home, walk home or meet a parent/guardian.

There is a breakfast service in the Canteen from 8.15am each morning; during morning break a snack bar is run in the Giraffe House, with a wider range of cold and hot snacks available in the Canteen.

Lunches are provided on a cafeteria system from 1.25pm in both the Canteen and the Giraffe House. A set meal is available every day, or students may choose dishes at the prices displayed. Hot and cold drinks are also available. A range of healthy snacks (sandwiches, wraps, tray bakes prepared on site) is available.

Your parent/carer have been given a guide as to how to upload money into your lunch account.

Understanding Your Timetable

Your timetable is unique to you. Keep it safe and copy it down in your planner in case you lose it.

	1	2	3	4	5	6
AMon	Sp DJ MF1	Sc ECR SC1	Ma GT MA1	Pe AP1	En ER EN6	
ATue	Pe AP1	Bv EHAHU2	Sc CMC SC3	Sp DJ MF1	It ABAIT 3	
AWed	Ge TZ HU4	Ma GT MA1	Sp DJ MF1	Fn OK DT4	Dr AR PA1	
AThu	Ad ZBEAR3	En ER EN6	Te BATDT1	Sc CMC SC3	Hi SJ HU6	
AFri	Mu MAIPA2	Ma GT MA1	En ER EN6	Hi LTHHU8	Ft BHAVO1	

	1	2	3	4	5	6
BMon	Sp DJ MF1	Sc ECR SC1	Ge TZ HU4	Pe AP1	En ER EN6	
BTue	Ma GT MA1	Hi SJ HU6	Sc CMC SC3	Sp DJ MF1	It ABAIT 3	
BWed	Bv EHAHU2	Ma GT MA1	Fn OK DT3	Mu MAIPA2	Dr EW PA3	
BThu	Ad ZBEAR3	En ER EN6	Ft NBEVO1	Sc CMC SC3	Pe AP1	
BFri	Ge TZ HU4	Ma GT MA1	Te BATIT 2	En ER EN6	Sp DJ MF1	

ABA: Mr A S Bailey
 AP1: Mr A J Pearce
 AR: Miss A P Ruscoe
 BAT: Mr B Arthur

EW: Miss E B Williams
 GT: Dr G Turl
 LTH: Mr L Thomas
 MAH: Mr M Hawkins

Each day works horizontally.

SUBJECT

HI(STORY)

Teacher Room

SJ

HU6

These are your teachers for the year. Along with their initials.

TOP TIP!

Because we have so many students with unique timetables, we need to have two weeks. A week A and a week B. Your lessons will be different on each week. Pay close attention to the week as it will change what you pack your bag for.

Eating at Clyst Vale

Have a look at a sample menu of the food that is available at the **Giraffe House** and the **Canteen**. At Clyst Vale you will be eating healthy foods from our provider, "Clever Chefs".

DAY	MAIN Dish	MEAT Free	SIDE Dish	SPUD Bar	SALAD Table	MAIN Pudding	HEALTHY Dessert
M MONDAY	CHICKEN FRIED RICE Chinese style chicken & egg rice with fresh veg, garden peas & sweet soy.	NOODLE BOX Stir fried mixed vegetables, noodles with a sweet soy dressing.	OVEN BAKED WAFFLE FRIES <i>Seasonal Roasted Vegetables</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonaise	Freshly Prepared Cucumber Sticks Carrot Battons Sliced Peppers Ripped Iceberg	CHOCOLATE Brownie	FRESH FRUIT Natural Yoghurt Pots
	E, S, G	E, S, G		D, F, E		G, D, E	D
T TUESDAY	MEATBALL MARINARA Meatballs cooked in a tangy homemade marinara sauce, served with penne.	PASTA VEGANARA Vegan meatballs cooked in a homemade marinara sauce served with penne.	GARLIC FOCACCIA BREAD <i>Roasted peppers & Courgettes</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonaise	Freshly Prepared Cucumber Sticks Carrot Battons Sliced Peppers Ripped Iceberg	ORANGE CAKE	FRESH FRUIT Natural Yoghurt Pots
	G	G	G	D, F, E		G, D, E	D
W WEDNESDAY	ROAST TURKEY Roasted British Turkey breast, chefs' stuffing & Turkey gravy.	LENTIL & VEG BAKE Homemade lentil & roasted vegetable loaf, vegetable gravy.	CRISPY ROAST POTATOES <i>Carrots & Peas</i>	OVEN ROASTED Jackets AVAILABLE DAILY Baked Beans Grated Cheddar Tuna Mayonaise	Freshly Prepared Cucumber Sticks Carrot Battons Sliced Peppers Ripped Iceberg	APPLE Crumble With Custard	FRESH FRUIT Natural Yoghurt Pots
	G			D, F, E		G, D	D

There is a **breakfast service in the Canteen** from 8.15am each morning. During morning break, at 11:25am, a **snack bar is run in the Giraffe House**, with a wider range of cold and hot snacks available in the **Canteen**.

Lunches are provided from 1.25pm in both the Canteen and the Giraffe House. A set meal is available every day, or students may choose dishes at the prices displayed. Hot and cold drinks are also available. A range of healthy snacks (sandwiches, wraps, tray bakes prepared on site) is also available.

Rules and Expectations

Respect

- *Arrive on time and be ready to learn*
- *Listen in silence to the person that is speaking and show respect when speaking to others*
- *Respect your environment (take care of equipment and no rubbish)*

Participate

- *Be positive about your tasks and learning*
- *Engage with the work set and stay in your seat*
- *Make sure you have the necessary equipment for each lesson*

Learn

- *Take charge of your learning: ask for help/extension work when you need it*
- *Present your work to the highest standard*
- *Keep off-task conversations for social times*

You will be given a **Stage 1** if you do not meet these expectations,

If you continue to not meet expectations, a **Stage 2** will be given.

This means you must leave the classroom and your teacher will speak to you outside. This conversation will be about how to get you back on track in the classroom again. It will also be your last chance before a **Stage 3**.

A **Stage 3** means you must go to the bridge, where you will complete work in a separate room in exam conditions.

Equipment you need

You are expected to come ready to **learn** to each lesson. This means you have the correct equipment. It may happen that you forget your pencil case and your tutor can help, so long as this is on a rare occasion. Otherwise, you are expected to have all equipment.

Equipment Check	Tick if you have it...
Pencils X2	
Pencil Sharpener	
Black Pen X2	
Green Pen X2	
Highlighters	
Ruler	
Protractor (Maths)	
Scientific Calculator (Maths)	
Eraser/ Rubber	
PE Kit (P.E)	
Apron (Food and Nutrition)	

Where can you go for support?

There may be times where you need to find support for issues that might relate to your learning or social life at the school. You can visit the following places and people for help:

TEACHER

Every teacher has a responsibility to support you, so you can approach any teacher you trust. However, it might be that in one lesson there is an issue, so, speak with that teacher as they will be best placed to fix it.

TUTOR

Go to your tutor for most of your worries. It is their job to be a mentor and support you. Most issues can be fixed with your tutor, but sometimes your tutor will need to pass on information to the Head of Year to help you further.

HEAD OF YEAR

Your Head of Year has been trained to support most of your needs. They will also help tutors support you too. Any issue that is escalated to the Head of Year is dealt as a serious matter.

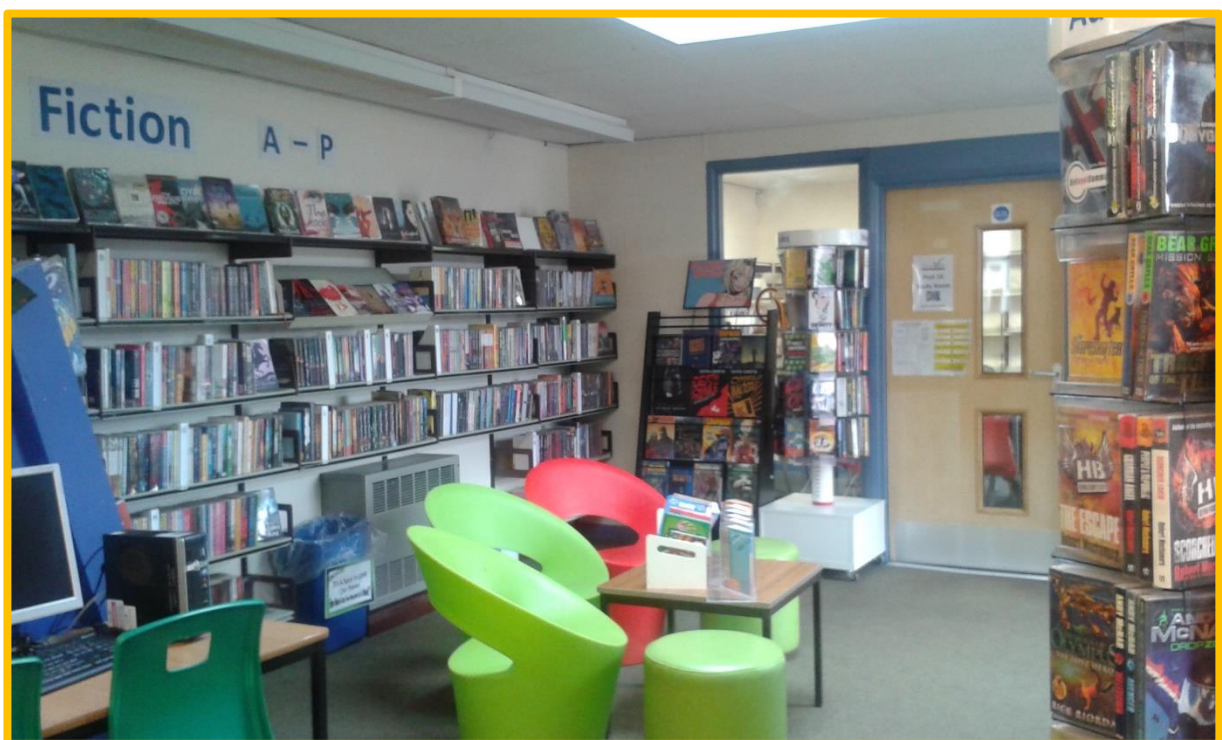
PASTORAL SUPPORT TEAM

This is where your parent/ carers can contact the school about pastoral issues.

Library

Students are allowed to borrow up to **four** books at any one time for a period of **two weeks** (this period can be extended). Books can be ordered through the library to support specific learning needs.

Research lessons often take place, where the Librarian guides students through research techniques and available sources for topic work.



The library has a fantastic variety of books and resources and has the added benefit of being one of only two 'dual use' libraries in Devon. This means that we are part of Devon Libraries and Information Services and are open to the public for three sessions a week throughout the year (including school holidays). You will therefore benefit from access to all the Devon Libraries stock, including books, audiobooks, eBooks and the excellent selection of online resources.

Extra-Curricular

Clubs is an important part to belonging and making friends at Clyst Vale. Some examples of the clubs we run at Clyst Vale are:

- Film Club
- Ten Tors/Duke of Edinburgh
- History Trailblazers
- Science Club
- Lego Club
- Eco-Committee
- LGBTQ+
- Football, Badminton, Dodgeball, Dance, Rugby
- Tech Club
- Yu Gi Oh!
- Minecraft Club
- Catch up Clubs

Student voice is also a key part of being a Rights Respecting School and each tutor will elect **Tutor Captains** and **Sports Captains**. They will have the responsibility to suggest changes to the school. Perhaps you could come up with an idea of a club that you would like to start?

As a tutor group, you will also compete at **inter-tutor competitions**. Points won will go towards the school cup!

Some inter-tutor competitions have been:

- Tag Rugby
- Football
- Rounders
- Netball

We are thrilled to welcome you