## **Writing to Advise**

In the year of 2020 all the UK went into lockdown due to Covid-19. I was one of the children who experienced the lockdown for myself. This article is for the people of the present and future to read and understand slightly what it was like, see how I survived lockdown if there is one in the future and help the people while I'm writing this what they could do to make their lockdown a little better. Most of the tips here were given to me by adults and even though I would rather work it out myself they really did help, so if you are in lockdown listen to the adults it really does help.

The first problem I faced in lockdown was home learning, what you must do, for you to succeed even slightly is to plan before starting the day. Try to keep the same routine you would normally have at school; this stops you from taking too big breaks or get distracted. Going on to distractions the biggest you will have are siblings. Try and stay as far away as possible from them to do your work perhaps go in the shed if you can (I am just giving you options). If you cannot stay away from them do your best to find something to minimise the distraction of them. For me it was listing to music with my headphones, this can be distracting but for me not as distracting as my brother.

After doing your work if you have extra time do something extra like reading a book, coding, learning a new language (or do a little more if you have a languages lesson). Do not do anything that you would normally do at home for fun unless it's educational, that comes later. If you have P.E. do it in this time as you will be treated straight after, go for a walk with the family, go for a cycle. Think of the things you would like to do over lockdown this is a list for you, that means you write it.

Now that you have done all of that it's time for you to have you time, do what you would normally at home for me that was video games but you could play on the trampoline, face time a friend, just after doing it for a few days do something or mix it up, other wise it will get boring. Another thing is making sure you speak to family they're the thing that will most likely keep you sane in lockdown, play a board game with them, watch a movie or tv program. Do something together.

## This is Surviving Lockdown

By Daniel Martin