

Ukraine Collection Items

TOILETRIES

- Toothbrush
- Toothpaste
- Body wash
- Wet-wipes
- Pocket tissues
- Shower Gel
- Pampers
- Sanitary towels
- Tampons

MEDICAL

- First aid kits.
- Field bandages.
- Paracetamol.
- Ibuprofen.
- Cold/Flu treatment.
- Antiseptic cream.
- Bandages.
- Sterile dressings.
- Surgical tape.
- Wound closure strips.
- Multivitamins.
- Vicks Vapour rub.
- Barrier cream.
- Cough syrup.
- Antiseptic body wipes.
- Hand gel.
- Blood bags

CLOTHING

- Thermal vests/pants.
- Balaclavas.
- Shoe inserts.
- Hand and feet warmers.
- Opaque tights for warmth for both men and women (large size).
- Snoods (care with colour).
- Fingerless mittens.
- Cheap reading glasses from £shop.

TOOLS

- Spanners.
- Socket sets.
- Torches with batteries.
- Walkie talkies.
- Waterproof ground sheets / sleeping mats.
- Headwork lights (preferably red light).
- Dry bags (dark colours).
- Tow ropes.
- Thermal blankets.
- Foil body wraps.
- Boot driers.
- Plastic cups, plates and cutlery.
- Diesel generators.

FOOD / DRINK

- Protein bars.
- 3 in 1 coffee sachets.
- Small packets of nuts/raisins.
- Peanut butter in plastic jars.
- Cupasoups.

