

BTEC SPORT

Bridging the Gap Year 11 – Year 12

- Unit 1 and Unit 2 are examined areas of the course and you will be given a text book and revision guide when you join us.

Revise BTEC National Sport Units 1 and 2 Revision Guide 9781292230535

BTEC Nationals Sport Student Book 2 + Activebook: For the 2016 specifications - BTEC Nationals Sport 2016 ISBN: 9781292134062

- For Unit 3 we will look at potential careers in sport and exercise and below are some useful websites you can start to look at:

English Institute of Sport: <https://www.eis2win.co.uk/>

UCAS: [UCAS HE Courses in Sport](#)

Careers in Sport: <https://careers-in-sport.co.uk/>

- For Unit 4 we will look at leadership styles and how best to lead a group – useful websites and reading below:

Sports Coach UK: www.sportscoachuk.org

Coachwise: www.1st4sport.com

Dorfman, H A – *Coaching the Mental Game: Leadership Philosophies and Strategies for Peak Performance in Sports and Everyday Life* (Taylor Trade, 2005) ISBN 9781589792586

Look forward to meeting you all in September.

Mr Powell
(Head of PE)

powellj@clystvale.org