

# Lunch Menu

This Menu is available on the following weeks, date commencing; 2<sup>nd</sup> September; 23<sup>rd</sup> September; 14<sup>th</sup> October; 11<sup>th</sup> November; 2<sup>nd</sup> December.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Honey Roasted Butternut Squash & Feta served on Pitta with Pesto	 Marinated Chicken pieces Or BBQ Pulled Sweet Potato Bap	Chefs Choice Roast Pork or Chicken  served with crispy roast potatoes	 Beef Madras or Vegan Sweet Potato & Lentil Curry	Catch of the day  served with lemon wedge & tartare sauce
<b>Vegetarian Main Meal</b>	Vegetable Enchilada topped with Tomato Salsa	served with side dishes including Wedges, rice & garlic bread	 Classic Macaroni Cheese	served with rice, naan bread & a selection of side dishes	Spanish Omelette  served with rocket & red pepper salad
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>	Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day				
					
<b>Family Favourites</b>	Crispy Apple Turnover & Custard	Syrup Sponge & Vanilla Sauce	Pear & Fair Trade Banana Crumble with Custard	Chocolate & Beetroot Brownie	Apricot Shortbread Finger

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

# Lunch Menu

This Menu is available on the following weeks, date commencing; 9<sup>th</sup> September; 30<sup>th</sup> September; 21<sup>st</sup> October; 18<sup>th</sup> November; 9<sup>th</sup> December.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Vegetable Lasagne  served with garlic bread	 Chefs Selection Of Lebanese Street Food  including Falafel, Khobez wraps, salads & sauces	Chefs Choice Glazed Gammon or Turkey  served with stuffing & crispy roast potatoes	 Chicken Tikka Masala Or Vegan Sweet potato & Aubergine Masala  served with steamed rice	Catch of the day  served with lemon wedge & tartare sauce  Mexican Style Vegetable Buritto
	<b>Vegetarian Main Meal</b>		Smoked Paprika Houmous & Vegetable Wrap		
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>	Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day				
<b>Family Favourites</b>	American Style Pancakes Served with toppers	Ginger Sponge with Toffee Sauce	Blueberry & Apple Crumble with Custard	Banana Bread & Butter Pudding	Chocolate Shortbread

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

# Lunch Menu

This Menu is available on the following weeks, date commencing 16<sup>th</sup> September; 7<sup>th</sup> October; 4<sup>th</sup> November; 25<sup>th</sup> November; 16<sup>th</sup> December.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Creamy Vegetable Pie	 Spicy Beef Meatballs Or Mexican Vegetables & Feta	Traditional Roast Chicken  served with stuffing & crispy roast potatoes	 Turkey Korma Or Vegan Mushroom & Red Pepper Rogan Josh	Catch of the day  served with lemon wedge & tartare sauce
<b>Vegetarian Main Meal</b>	Quorn Sausage & Mash  served with gravy	served with tomato rice, taco's, salsa, sour cream & nachos	 Classic Macaroni Cheese	served with rice, naan bread & a selection of side dishes	Feta & Chickpea Pattie  served on half warmed ciabatta, sour cream & salsa
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>	Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day				
<b>Family Favourites</b>	Creamy Rice Pudding with forest fruits	Chocolate sponge & chocolate sauce	Rhubarb & Orange Crumble with Custard	Wholemeal Fair Trade Banana Cake & Vanilla sauce	Blueberry Muffin

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.