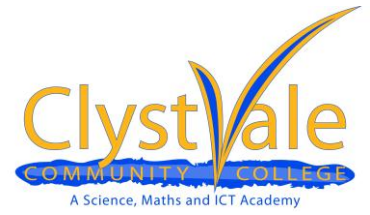


Clyst Vale Community College



6 to 7



Transition Programme

2020

Name: _____

Primary School: _____

Secondary School: _____

This booklet is yours to help you get ready to join Clyst Vale Community College in September. You can print it off, type your answers or just write on a separate piece of paper. Bring it with you when you meet your tutor on the first day of school.

All about Me

Complete the questions below to share with a teacher or a friend

I am happiest when.....

I would most like to be.....

At Secondary school I am looking forward to

.....

I am most relaxed when.....

My favourite food is.....

My favourite music is.....

My favourite sport is.....

My favourite programme is.....

My favourite colour is.....

Three things I like to do when I'm not in school:

.....

.....

.....

Two truths and a lie. (Write two truthful things about yourself and one thing that is not true and ask a friend or teacher to guess which is which)

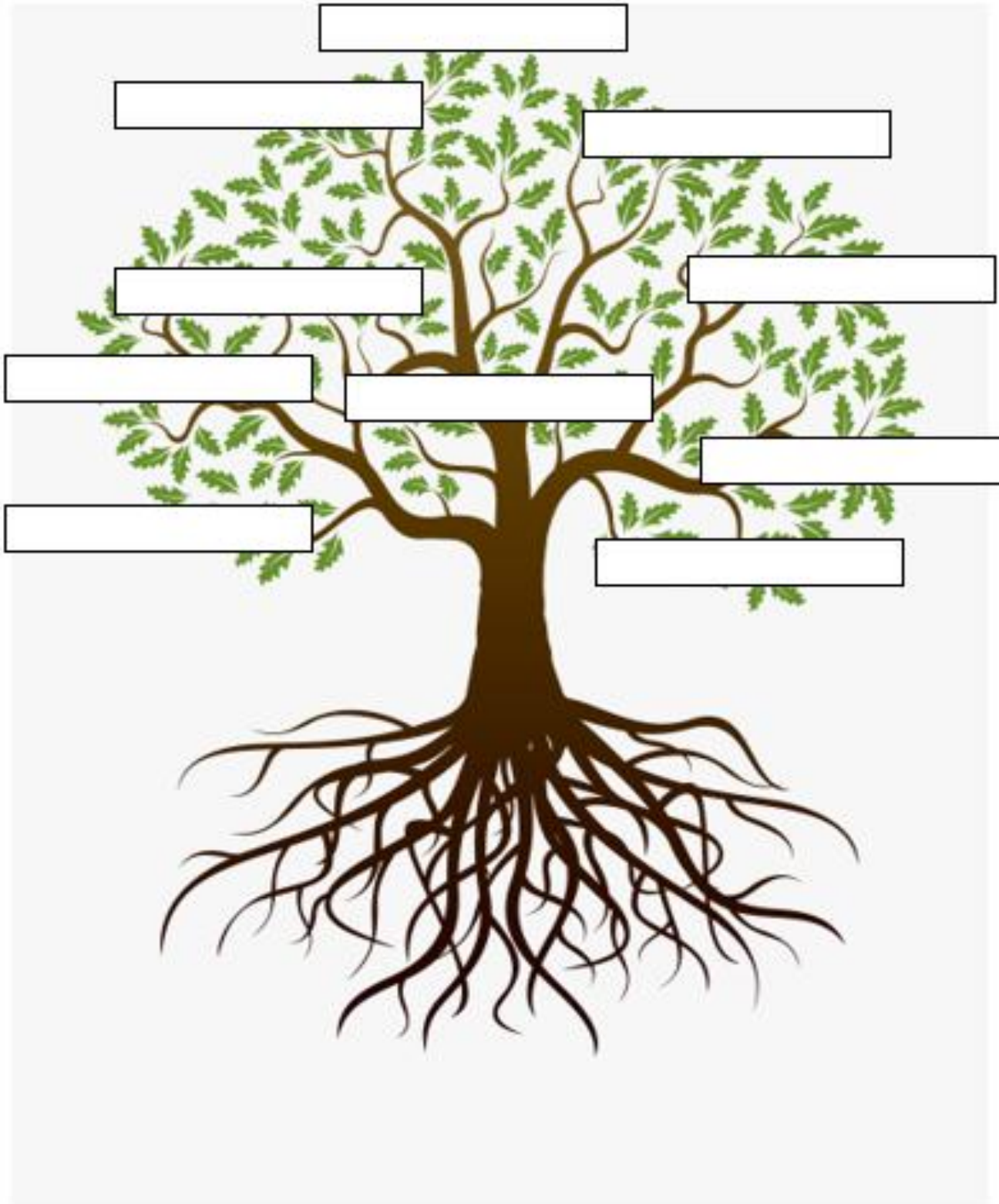
.....

.....

.....

My Family Tree

Fill in your family members to the boxes below.



Going to Clyst Vale Community College

How do you feel?

These could be useful to think about when you think about changing school.

Use two different coloured highlighters

Use colour one to highlight the phrases you are not worried about

Use colour two to highlight the phrases you are worried about

Making new friends	Managing a timetable
Dinner time	Managing a money less system to pay for food.
Having a different uniform	Being on time
Finding way around	Break times
Getting to school	Learning new subjects
Meeting others my own age	Joining clubs
Being with friends	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work
Being with older pupils	Getting changed for sport / PE

My Journey to School





It is important to plan your journey to school so that you get there on time.

Make sure you also plan your return journey

Start point (address)	
Destination (School address)	
Distance from home to school	
Time I wish to arrive at school	
Mode of Transport (walk, cycle, bus, car, train)	
The buses I can catch	
Details of bus/train changes	
Nearest bus stop/train station to my house	
Time it will take to get from my house to the bus stop/train station	
Where is the nearest bus stop/train station to my school?	
Time it will take to get from the bus stop/train station to school	
What time buses/trains will get me to school on time?	
The time I need to leave my house	

My school uniform

<http://www.clystvale.org/uniform/> **Are these things allowed?**

		Yes	No
Trainers			
Jewellery			
Different hair styles and colours			
Make-up			

Notes about the above things _____

Make a list of what your new uniform will be:-

.....

.....

.....

.....

.....

.....

.....

.....



Managing Your Timetable (this is an example, not yours!)

Clyst Vale Community College runs a two weekly timetable, week A and week B. Use this timetable to answer the questions overpage.

MonA	TueA	WedA	ThuA	FriA
MonA:1 Science AO SC2	TueA:1 Physical E KN	WedA:1 Technology JPU IT2	ThuA:1 Drama RKE PA1	FriA:1 Technology JPU DT1
MonA:2 Course 42 PSU IT2	TueA:2 English VO EN4	WedA:2 Read 2 Learn KBA EN6	ThuA:2 Maths DK2 MA8	FriA:2 Science AO SC2
MonA:3 Humanities IM HU5	TueA:3 Humanities AWO HU5	WedA:3 Humanities AWO HU5	ThuA:3 Read 2 Learn KBA EN6	FriA:3 English VO EN4
MonA:4 Food & Nut AC DT3	TueA:4 Language HC MF2	WedA:4 Science AO SC2	ThuA:4 Physical E ABR	FriA:4 Maths MPR MA4
MonA:5 Maths MPR MA4	TueA:5 Maths DK2 MA7	WedA:5 Art & Desi SWA AR2	ThuA:5 English VO EN4	FriA:5 Language DJ MF4

MonB	TueB	WedB	ThuB	FriB
MonB:1 English VO EN4	TueB:1 Language DJ MF4	WedB:1 ICT JPU IT2	ThuB:1 Drama RKE PA1	FriB:1 Science AO SC2
MonB:2 Food & Nut AC DT4	TueB:2 Physical E KN	WedB:2 Language DJ MF4	ThuB:2 Language DJ MF4	FriB:2 Course 42 PSU IT2
MonB:3 Science SG SC9	TueB:3 English VO EN4	WedB:3 Music KS PA2	ThuB:3 Read 2 Learn KBA EN6	FriB:3 Maths MPR MA4
MonB:4 Language DJ MF4	TueB:4 Humanities IM HU5	WedB:4 Maths MPR MA4	ThuB:4 ICT ABA IT3	FriB:4 Humanities IM HU5
MonB:5 Music KS PA2	TueB:5 Science SG SC9	WedB:5 English SW EN4	ThuB:5 Art & Desi SWA AR2	FriB:5 Physical E ABR

AO: Dr Odunlade
KN: Miss Needs
JPU: Mr Purchall
RKE: MS Keene
PSU: Mr Sutton
VO: Mrs Oldfield
KBA: Dr Bawn
IM: Miss Matthews
AC: Miss Crook
HC: Mrs Coley
ABR: Mrs Broomfield

MPR: Mrs Prance
SWA: Mrs Walton
DJ: Mr Jones
KS: Miss Sprenkel
ABA: Mr Bailey
SW: Miss Watt
SG: Mrs Shillingford

Phys. E: Physical Education
Technology: Design & Technology
ITC: IT/computers
Course 42: PSHE (personal, social, health & economic)
Food & Nut: Food & Nutrition

1. Who is your music teacher?
2. What book do you need to bring for Monday, lesson 1 on week A?
3. What books would have to pack for Tuesday, week B?
4. What room do you need to go to for IT lessons?
5. Who is your Science teacher?
6. What books do you need to bring on Monday, week B?
7. What subject does Mr Jones teach?
8. What is the 3rd lesson on Wednesday, week A?
9. When do you have Technology?
10. Who teaches you art?
11. Where is Maths taught?
12. When do you need your PE kit?
13. Which two teachers teach you Science?
14. When do have Humanities?
15. What subject does Mrs Prance teach?
16. What books/equipment do you need to bring to school on Friday, week A?
17. How many English lessons do you have each fortnight?
18. Where will your lesson take place on Thursday, week A, lesson 3?
19. When does Miss Watt teach you English?
20. When does Mrs Broomfield teach you PE?

Clyst Vale Community College's Website

The College website contains lots of useful information for you and your parents. You can use it to find out information such as what school week it is. You can see what subjects you will be studying, the weekly school newsletter and information about trips and extra-curricular clubs we run amongst other things. It also has information about term dates and non-pupil dates.

If you can, go onto the website (clystvaled.org) and have a go at completing the questions below:

- List three things found under the “students” tab on the website headings.
- How many headings/ tabs are there on the website?
- How many subjects are there under the “curriculum” heading?
- What is the schools full address?
- What is the latest news story on the home page about?
- What colours are the College logo?
- List three things found under the “parents” heading.

Managing Situations

It is not always easy to cope with the way we feel, especially with unfamiliar or negative feelings. Look at the following situations and think of how you would feel if they happened to you in Secondary School. Then try problem solving each situation to help you best manage your feelings and actions.

SITUATION	FEELING How would you feel if this happened to you?	PROBLEM SOLVING – WHAT COULD YOU DO? If this situation happened to you, what could you do to help you best manage these feelings?	WHO COULD HELP? Who would you ask for help and what would you like them to do?
You don't understand your homework. No one in your family can help, it is due the day after tomorrow			
You have a big argument and fallout your with your best friend. You have been friends since Primary school			
A group of children in your class make fun of you all the time. They say you smell and make up unpleasant names			

This is an extra page to write down any questions you have about starting secondary school. You can ask your tutor when you meet them or if it can't wait then email: matthewsi@clystvale.org