



NEWSLETTER

No. 658
w/c Mon 2 March
will be Week A

THOUGHT OF THE FORTNIGHT

"The more people who have access to this vital information the better society will be." Russell Brand

Dear Parents/Carers,

I apologise in advance – this is a bit of an epic !

Year 9 Parents Evening

As ever, a big thank you to parents and carers for a busy and positive parents' evening last night; 78% of students were represented, which is great. While the evening was positive for most students, inevitably there were a few issues and concerns and I would encourage parents to contact their child's tutor or AtHoS. The same goes for parents and carers of the 22% who were unable to attend and would appreciate some feedback in general or from individual teachers. Forgive me for repeating myself from many previous Newsletters, but a student is far more likely to meet or exceed their potential if parents, schools and the student themselves all do their bit, and work together. I haven't totted up the "exit survey" questionnaires, but will do so by next week !

Parent Forum

Slow progress, but progress ! We have identified a possible speaker on adolescent mental health issues, and are confirming dates.

GCSEs

Students in Year 11 have already started on their GCSE exam elements, if they are following certain practical subjects ! This week Food students completed their practical, and there some brilliant products as a result. Next Tuesday Drama students will complete their assessed components with an external moderator, and (one of my annual highlights) presented their scripted pieces to parents as a dress rehearsal this Wednesday.

Our House

Although it's been almost a fortnight since the final curtain, one thing remains, that's for certain: there are quite a number of students still feeling a bit sad and with Madness songs stuck in their heads (it's not just students, either, judging by one or two conversations at last night's parents evening). I take this a really powerful indicator of just how good "Our House" was, in absolutely all respects. The students in the cast, orchestra and crew had the emotions associated with a job very well done after huge dedication but now complete; certainly, this was a production with a cast of thousands which had energy, enthusiasm,

humour, poignancy, visual power and obviously some cracking music. Almost everyone in the cast had a line; there were several stand-out scenes, and if I had to pick a personal favourite it would be Baggy Trousers. However, in terms of the whole experience, the best viewpoint was backstage. This was the best organised and self-disciplined cast we have ever had, but more than this the mutual support within a giant team ranging from 11 to 19 year-olds with a whole variety of different roles and responsibilities was tear-in-the-eye stuff. I would love to ramble on for pages about how amazing the show was, but I do realise that not everyone loves musical theatre. I must acknowledge and applaud the herculean efforts of Miss Williams in particular, as well as Miss Ruscoe, who have once again put their heart and soul into providing this opportunity for our students. They would be the first to say that nothing would be possible without the incredible voluntary support of Mike Brown; there is also a fantastic team of volunteers who have been supporting our productions for years. Students, staff, volunteers, vast range in ages and experience, everyone playing a part, more of a community than a team. I am so proud of them all, and extremely grateful to them all.

UK Youth Parliament Elections

In the midst of the Our House run, the results were announced for the elections to the UK (ie national) Youth Parliament. We are completely thrilled that Joe Hartley (Year 11) was elected as a Member of the UKYP for East Devon for a two-year term of office, with Jake Gregory (Y8), Saffie Moon (Y9) and Ellie Riddle (Y9) elected as Deputies for East Devon, Exeter, and South Devon respectively. It's been many years since a Clyst Vale student was elected to either the UK or Devon YP, but very much in keeping with Rights Respecting School that we are promoting student voice and participation. It's superb that Clyst Vale students are prepared to put themselves forward in this way; in fact, a fifth student Annelise Smith (Y8) also stood, but unfortunately was not elected this time. Joe and the three others will be campaigning predominantly about climate change and mental health issues.

STEM Victory

More good news this week ! Two teams entered the Hinkley Point "Inspire" STEM Challenge, held at Cranbrook Education Campus on Wednesday, and our students won ! The challenge was to build a crane and a robot, and programme the robot to access a pressure plate which then made the crane lift a piece of wood (I think I have got this right). In other words, this was a challenging task, requiring programming and construction skills, but also effective teamwork. So, congratulations to Emma Gold, Summer Harlow, Lily Holt, Sam Kerslake, and Robin Wellaway; and many thanks to Dr Turl for coordinating and supporting the teams.

Exeter & East Devon Girls' Rugby Sevens

Because the original venue was more suited to water polo than rugby, we hosted this tournament at very short notice on Wednesday. I confess I had one or two reservations about the short notice, but I needn't have worried. The PE Department did a grand job, as did the tournament organisers, and all the students were great; the competition was real enough and played in good spirit. Unfortunately, home advantage did not pay off in terms of winning, but our girls did us proud especially as several were playing a year below the age group.

Staff Changes

Leaving today is College Librarian Sarah Foulds, who is taking some time to be a full-time Mum, and all our best wishes go with her. Mrs Foulds has contributed much more widely than her stated role, and as such is well known to a very wide range of students. She has been a co-tutor, established Attenborough's Army, has been a keen supporter of Rights Respecting School and Amnesty; and has done much to improve displays around the College. At lunchtimes, the Library is always busy, but it also provides a safe space for certain students; Mrs Foulds has been responsible for this, as well as training and

developing a team of student librarians. We have advertised the post, but in the meantime Mrs Lucy Southard will join us to replace Mrs Foulds.

Even though Miss Ruscoe's maternity leave does not start quite yet, we have recruited an experienced Drama teacher in Mrs Rachel Keene to replace her, and Mrs Keene has started on a part-time basis to allow a handover. Because it is so close to the exams period, and as far as the timetable will allow, we are making special arrangements for Y11 Drama and Post-16 Performing Arts.

Coronavirus

There are several aspects to this, most of them outside of our control, and we are trying to steer a delicate course through the unfolding information and differing views, trying to be balanced in our approach so as not to create panic. Doubtless there are readers of this Newsletter who think the media are making things seem worse than they are and what's-all-the-fuss-about, while others could be worried that the Government is wrong not to have closed down all schools already, and the majority are somewhere in the middle. We will follow government and Public Health England advice closely on a daily basis; we will, and have already, consulted NHS helplines over specific questions. We are also aware that the situation could change rapidly at very short notice.

I am aware that some schools are sending out a daily bulletin direct to parents about coronavirus. I will send one today to ensure all parents and carers are informed, but otherwise I would prefer to save In Touch and e-mailed messages for more serious information and/or if there is a rapid change in events. However, you may have noticed that in the "Latest Information" section on the website front page there is a Coronavirus update page, which includes links to this guidance. The very clear advice is that until a school has a confirmed case of Covid-19, it should remain open; afterwards, any decisions would depend on the exact circumstances and public health advice which could be a closure, or certain groups of pupils or staff needing to self-isolate. At present, we are aware of six individuals (staff and students) who visited a "Category 2" area during half-term; the guidance is absolutely clear that they can attend College.

There is an educational aspect to this, too. Students are quite understandably worried by the media bombardment, and are sometimes less skilled at sifting out misinformation and exaggeration than adults. Under the UN Children's Charter, Article 17 is a right to (accurate) information, and we are providing this through tutorials and as opportunities arise in lessons. It would appear that 80-85% of actual cases are mild, children seem to be much less affected than adults, and influenza statistically remains more dangerous, but this is not always the message that children pick up. If you have any concerns regarding coronavirus, our initial point of contact is Ann Hopkins, College Manager.

Best wishes as always,



Dr Bawn



HM Government



CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours. To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

[Find out more at gov.uk/coronavirus](https://www.gov.uk/coronavirus)

DID YOU KNOW?

ALL OUR PLASTIC BOTTLES ARE 100% RECYCLABLE

OUR HARRGATE WATER BOTTLES ARE FROM 53% RECYCLED PLASTIC

WE ARE REMOVING ALL PLASTIC CUTLERY AND LOOSE PLASTIC STRAWS AT OUR SITES

HELP US HELP OUR ENVIRONMENT - WHY NOT ASK FOR 'REAL' CUTLERY AND CROCKERY

WE HAVE REMOVED ALL PLASTIC STIRRERS AND REPLACED WITH WOODEN ONES FROM SUSTAINABLE SOURCES

WE OFFER REUSABLE HOT DRINKS CUPS IN ALL OUR CAFES REWARDED WITH DISCOUNTED HOT DRINKS

WE OFFER A LOYALTY SCHEME FOR USING CROCKERY & CUTLERY INSTEAD OF DISPOSABLES

WE OFFER A LOYALTY SCHEME FOR RECYCLING PLASTIC BOTTLES WITHIN THE REFECTORY

OUR MAIN MEALS ARE FRESHLY PREPARED WITH RED TRACTOR FARM ASSURED FRESH MEAT WHERE APPROPRIATE

WE USE PRODUCE WITH HIGH STANDARDS OF WORKER & ANIMAL WELFARE SUCH AS

- RSPCA ASSURED FREE RANGE EGGS
- FISH THAT COMPLIES WITH MSC STANDARDS
- FAIR TRADE PRODUCTS

WE ARE THE ONLY COMPANY IN OUR SECTOR TO HAVE INVESTED IN A DEDICATED SPECIALIST FOR DEVELOPING ENVIRONMENTAL MANAGEMENT SCHEMES

ALL OUR SUPPLIERS ARE AUDITED BY AN EXTERNAL BODY TO ENSURE THEY COMPLY WITH HIGH STANDARDS AND STATUTORY OBLIGATIONS

WE HAVE REDUCED SUGAR IN OUR PRIMARY SCHOOL RECIPES BY 67% SINCE 2017 WHICH EQUATES TO OVER HALF A MILLION KILOGRAMS

PROFESSIONAL RECOGNITION FOR OUR FRESH FOOD POLICY SUCH AS "SOIL ASSOCIATIONS FOOD FOR LIFE" SERVED HERE

THE GOOD EGG AWARD BY THE COMPASSION IN WORLD FARMING

REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE
REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE

caterlink
feeding the imagination

Year 8 Bude Residential 2020—Amended date

All parents are invited to attend a Bude Information Evening on Tues 17th March. **Please note the change of date as, unfortunately, there was a double booking.** The evening will start promptly at 6pm and will be finished at approximately 7pm. The owner/manager of the centre will be present to answer any of your questions that we are unable to.

We look forward to seeing you!

Mr Pearce & Mrs Elliot

Autism: Supporting Parents and Carers Workshop - 1 May 2020

Autism is a neurodevelopmental condition which affects the brain's development. It is a lifelong condition, with characteristics that appear in early childhood. This workshop is for families, carers, teachers and early years practitioners.

Date: Friday 1st May 2020 (10am – 2.00pm)

Venue: Colyton Caterpillars, Reece Strawbridge Centre, Coly Road, Colyton, Devon
EX24 6PU

Delegate price £20

Parents/Carers FREE

Tea & coffee included – bring your own lunch

Bookings please follow link: <https://www.devon.gov.uk/eycs/autism-supporting-parents-and-carers-workshop/> (<https://www.devon.gov.uk/eycs/autism-supporting-parents-and-carers-workshop/>)

Mrs Long
SENDCo

SPORTS NEWS

Youth Football

Following some interesting research and some advice from the FA I want to assure parents and careers of our policy regarding heading footballs for school age children. In lesson time and at clubs we will not be conducting training that involves heading of the ball. The exception for this is GCSE PE where it is an assessment criteria. However, this will be kept to a minimum. In matches including inter-tutor matches heading will be permitted. As a parent myself I would also offer the following advice for the odd back garden kick around. Use a ball that is the appropriate size and therefore weight for your child. Avoid using a ball that has absorbed water and is therefore heavier than usual. The FA size guide suggests size 5 (largest) for ages 14 and upwards, size 4 for ages 9 to 13, size 3 for ages 6 to 8 and size 2 for ages under 6. We have a very successful football club for all ages on a Wednesday after school and can offer advice at that time to students and parents.



Mr J Powell
(Head of PE)

U15 Girls Contact Exeter & East Devon Rugby Festival

Congratulations to the U15 Girls rugby squad who finished with two wins and two losses in the recent area festival, hosted by Clyst Vale at late notice to help with the flooded pitches at original venue, Exeter Saracens RFC.

With it being a blustery and very cold day, the girls were placed in a pool with Sidmouth College and Kings Ottery and lost both games narrowly, with the other squads being predominantly Year 10 and a year older than our Year 9 girls. In the afternoon, the Clyst Vale girls gained more confidence and superb and very comfortable wins over St Peters and Cullompton, respectively. Kerensa Hurren skippered the side superbly well, with fellow Year 10, Izzy Price putting in numerous hard tackles throughout the day. Sophie Elliot and Izzy Cocking were hard and strong runners, Maddie Forty producing some great rucking, Polly Hurren linking backs and forwards very well, Harriet King, Isla Hammond and Amelia Palmer also using very evasive footwork!

Kya Godbeer enjoyed her first taste of rugby experience at Clyst Vale with some physical contact skills and Ellie Raynor-Johnson, Emily Sibley and Amaryllis Shelley being very brave with their running and rucking. Well done to all of the squad!



Mr Pearce
Head of Green School
Teacher of PE



STUDENTS OF THE WEEK



GREEN SCHOOL

7GAW	Gracie Sobey
7GBA	Taylor Jones
8GSW	Jamie Southard
8GNB	Isla Cowie
9GGT	Joe Pipe
9GDJ	Ted Harrison
10GHE	Chloe Jeffery
10GIM	Bethy Lawrence
11GABr	Joe Hartley
11GDH	Drew Hayne

YELLOW SCHOOL

7YSP	Phoenix Wreford
7YDS	Jack Darbey
8YNS	Liam Gregory
8YMPR	Neo Stoneman
9YCW	Oliver Gould
9YRB	Ellie Riddle
10YMBR	Harri Turner
10YJPU	Martha Bailey
11YZK	Lizzie West
11YMM	Sydney Hyland McKee

RED SCHOOL

7RAO	Oliver Sibley
7RAR	Esme Turner
8RGG	Sally Greaves
8RSJ	Grace Dunn & Sonny Smith
9RSS	Daniel Johnson
9RTMa	Holly Sheller & Bracken Snell
10RCJ	Nicholas Sloan
10RCM	Kerensa Hurren
11RZB	Addie Whiteman

Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs.

If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical appointments:

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance.

The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring:

Penni Ball (Attendance Officer)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please ring:

Jassy Barrington (Post-16 PA)

Direct line: 01392 462697

Email: barringtonj@clystvale.org

Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the College community.





Speech, Language and Communication Needs Parent Workshops 2020

A free workshop for parents of children and young people with speech, language and communication needs.

We will be focusing on strategies to support your child with vocabulary learning. We will be looking at how to support word learning through book sharing, as well as exploring visual ways in which you can support your child to learn new words throughout their school career.

This workshop is suitable for parents of children at Primary and Secondary school.

Please choose from the following venues:

	Venue	Date	Time
Exeter	St Michael's Primary Academy	4 th March 2020	13:30 - 15:00
West Devon	Stowford Primary	4 th March 2020	13:30 – 15:00
South Devon	Haytor View Primary School, Newton Abbot	12 th March 2020	09:30 – 11:00
East Devon	Marpool Primary, Exmouth	3 rd March 2020	09:30 – 11:00
Mid Devon	St Andrews Primary, Cullompton	4 th March 2020	13:00 – 14:30
North Devon	Sticklepath Primary, Barnstaple	5 th March 2020	10:00 – 11:30

To book your free place, please email sue.vanstone@babcockinternational.com

LUNCH CLUBS Monday-Wednesday






Day	Club	Time	Where	Changing Room	Teacher
Mon	Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Mon	Year 7, 8 & 9 – Basketball	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Mon	Year 9, 10 & 11 – Weights	Lunchtime	Dance Studio	New Block	Mr Pearce
Mon	All Years – Dance	Lunchtime	Dance Studio	New Block	Mrs Elliot
Mon	Year 11 Child Development – Health & Social Care Coursework Catch Up	Lunchtime	VO1	N/A	Mrs Bennett
Mon	B&V Workshop (BY INVITE ONLY)	1.30pm	HU2		Miss Brotherton
Tues	Amnesty	Lunchtime	EN7	N/A	Miss Watt/Mrs Gillespie
Tues	Minecraft	Lunchtime	IT3 & IT5	N/A	Mr Bailey
Tues	Year 7, 8 & 9 – Football	Lunchtime	Field	New Block	Mr Stapleton
Tues	Year 10 & 11 Art GCSE Coursework/ Exam Support Club	Lunchtime	AR3	N/A	Mrs Pieczenko
Tues	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Mrs Bennett
Tues	B&V Year 11 Paper 2 Revision	1.30pm	HU1	N/A	Miss Brotherton
Tues	Year 11 GCSE Food Catch Up (theory or practical)	Lunchtime	DT3	N/A	Mrs Crook
Tues	Ten Tors	1.30pm – 2pm	IT4	N/A	Miss Barrett/Mr Eales
Wed	B&V – KS3 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Wed	Drugs & Alcohol Information Drop-In	Lunchtime	G31	N/A	Mrs Gillespie
Wed	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Wed	Drawing Club – Week B	Lunchtime	Library	N/A	Mrs Foulds
Wed	Year 7, 8 & 9 – Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Wed	Year 7 – Rugby	Lunchtime	Field	New Block	Mr Pearce
Wed	Year 11 – GCSE Catch Up	Lunchtime	PE5	N/A	Mrs Broomfield
Wed	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Miss Bennett
Wed	Yugioh Club	Lunchtime	SC3	N/A	Mr Moxey

LUNCH CLUBS Thurs - Fri

Thurs	Hula Hoop Club	Lunchtime	Dance Studio	N/A	Mrs Gillespie
Thurs	Attenborough's Army	Lunchtime	Library	N/A	Mrs Foulds/Miss Matthews
Thurs	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce/Mr Stapleton/ Mrs Elliot
Thurs	Year 10 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell & Mr Brooks
Thurs	Year 7 & 8 Games Club	Lunchtime	HU6	N/A	Miss Jenkins
Thurs	B&V KS4 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Thurs	Science Club	1.30pm – 2pm	SC2	N/A	Dr Odunlade
Thurs	Year 10 GCSE Food Practical	Lunchtime	DT3	N/A	Mrs Crook
Fri	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Fri	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce, Mrs Elliot, Mr Stapleton & Mrs Broom- field
Fri	Post 16 & Year 11 (invite)	Indoor Football	Sports Hall	Sports Hall	Mr Powell
Fri	Minecraft	Lunchtime	IT3	N/A	Mr Bailey
Fri	Week A Year 9 Baking Club (starting 20 th September)	Lunchtime	DT3	N/A	Mr Krasko
Fri	Week A Year 11 Child Development – Health & Social Care Course- work Catch Up	Lunchtime	VO1	N/A	Mrs Bennett

Lunch Menu

This Menu is available on the following weeks, date commencing;
31st December, 21st January, 11th February, 4th March, 25th March






Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger, in a bun served with crisp slaw and sauces	 Chilli Con Carne or Vegetable Chilli On a bed of rice	Roasted Gammon Or Turkey Served with stuffing & crispy roast potatoes	 Delhi Chicken Tikka Masala Or Chickpea & lentil Daal	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Vegan Spinach & Kale Burger in a brioche Bun	Mexican Vegetables with Feta, Nachos & salsa	 Macaroni Cheese topped with bbq beans, garlic bread & Salad	Served with rice, naan bread & a selection of side dishes	Roasted Vegetable, Tzatziki & Feta Wrap Served with chips
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	Vanilla sponge & vanilla sauce	Warm chocolate & beetroot brownie with cream	Toffee Apple crumble & custard	Creamy Rice pudding & berry compote	Fruity Flagjack & custard

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability

caterlink
feeding the imagination

Lunch Menu

This Menu is available on the following weeks, date commencing;
7th January, 28th January, 18th February, 11th March, 1st April






Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Classic Beef Lasagne served with garlic bread	 Marinated Chicken pieces Or Spicy Bean Burger	Chefs Roast Of The Day Pork or Turkey Served with stuffing & crispy roast potatoes	 Madras Curried Chicken Thighs Or Cauliflower &	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Leek & Mushroom Lasagne served with garlic bread	Served with side dishes including wedges rice & Onion Rings	 Macaroni Cheese topped with herby croutons & salad	Served with rice, naan bread & a selection of side dishes	Vegan Sweet Chilli Vegetable Stir Fry Served with Noodles
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	American style pancakes with toppers	Chocolate sponge & chocolate sauce	Rhubarb & orange crumble with custard	Carrot cake & cream cheese frosting	Apple & Cinnamon turnover

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability

caterlink
feeding the imagination

Lunch Menu

This Menu is available on the following weeks, date commencing:
14th January, 4th February, 25th February, 18th March, 8th April

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Baked Sausage & Egg Bean burrito with a cheesy crust	 Marinated Chicken strips or Falafel & Hummus	Roasted Garlic & Herb Chicken Served with crispy roast potatoes	 Beef Meatball Madras Curry Or Mughlai Vegetable Korma	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Vegan savoury cous cous & Vegetable burrito with salsa	Including Khobez wraps, salads & sauces	 Macaroni Cheese topped with seasonal roasted vegetables, garlic bread & salad	Served with rice, naan bread & a selection of sides	Butternut squash & mushroom frittata
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	Chocolate & orange muffin	Vanilla shortbread & custard	Spiced pear crumble & vanilla sauce	Pineapple upside down pudding & custard	Fairtrade Banana bread

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability


feeding the imagination

CHARITY NEWS Non-Uniform Days – 2020

As a Rights Respecting School, we asked the students who they would like to raise money for on our non-uniform days.

This is who they chose and below are the dates of 2020's non-uniform days.

Fri 14th February 2020 – Devon Air Ambulance Trust

Fri 27th March 2020 – Children's Hospice South West

Supporting
children's hospice
SOUTH WEST
Registered Charity No. 1003314

Devon Air Ambulance

www.daat.org

CALENDAR DATES

SPRING TERM 2020	
w/b 09 March	Y11 Core Subject Mock Exams
Tues 10 March	Y10 Parents' Evening 4.30pm - 7.00pm
Sat 14 & Sun 15 March	Ten Tors Practice Weekend
Tues 17 March	Bude Parents Evening
Tues 17 March (tbc)	Deep Learning Day
Tues 17 March	Y12 UCAS Convention, Westpoint
Thurs 19 March	Y9 DTP and Meningitis ACWY vaccinations 9am - 3.30pm
w/b Mon 23 March	Y10 Mock Exams
Mon 23 March - Fri 27 March	Y7 Paris Residential Trip
Tues 24 March	PE Sports Awards Evening 6pm-8pm
Fri 27 March	Non-Uniform Day (Children's Hospice South West) LAST DAY OF SPRING TERM

School Transport

1. Clyst Vale supports the (DCC) Devon County Council's "No Pass No Travel Scheme" that operates on transport to and from this College.
2. Only students who show a valid travel pass to the driver **on every journey** will be allowed to travel. Students must travel on the vehicle indicated on their pass.
3. **Please ensure that your child has their travel pass before they leave home every day.**
4. Please ensure that your child knows what to do in the event they are not allowed to travel or the bus does not arrive (e.g. because of breakdown or traffic conditions or severe weather). College attendance is very important and it is best to be prepared for any of these eventualities.
5. DCC will carry out regular pass checks throughout the year.
6. Drivers are not allowed to carry passengers who cannot show a valid pass.
7. If your child loses their pass during the day they should go to the AtHoS offices to ask for a 10 day temporary pass. Replacement passes cost £5 each and can be ordered online, or by sending a cheque with a replacement form.

Further information is available at: http://www.devon.gov.uk/school_transport

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers - Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers - Trutex GTN (2 pocket black)/David Luke DL965 black).
- **All trousers must have Clyst Vale logo rivet on waistband.**
- Skirts - Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk.

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Address: Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon EX5 3AJ

Tel: 01392 461407 **Library:** 01392 464010

Email: admin@clystvale.org **Web:** www.clystvale.org

Principal: Kevin Bawn, BA PhD

