



NEWSLETTER

No. 732 w/c Mon 29 November 2021 Week B

THOUGHT OF THE FORTNIGHT

"The fundamental level of success is doing the hard things first – if you go for the feared thing first, then the rest of the day is easy." Robert G. Allen

Dear Parents and Carers,

GCSE Celebration Evening

- This was a lovely event, and so good to see it back on the calendar. Thank you to everyone who attended, and to my colleagues who made it all possible, especially Mrs Dominy our Exams Officer. It was great to see so many of last year's Year 11 back, and celebrate the success of all students. It was also great to see some parents in 3D: possibly the only downside of virtual Parents' Evenings is that personal contact is lost unless I happen to teach your child. The Celebration Evening celebrates academic achievement, and congratulations go to Lara Gulec who won the award for Overall Achievement, and to Laurence Raeder for Overall Progress. However, we are a comprehensive school, and are incredibly proud of all of our students: we are especially proud of those who have worked hard, persevered, overcome any number of difficulties, and met or exceeded their potential. This is reflected in several of the individual subject awards
- Guest of honour was David Hill, Paralympian in swimming and triathlon, now working with a portfolio of youth activities. David's speech was excellent. While his background is that of an elite sportsman, the general principles apply to all young people in whatever they do. He spoke of having a clear aim in life, having a positive group around you, focusing as much on "who do I want to be" as "what do I want to be" (I like that one RRS and all that), developing a routine of good daily habits which keep you going when motivation begins to drop, and adopting a mantra for yourself: his was A -E for attitude, belief, determination and enjoyment of what you are doing. Of course, making up mantras is quite easy, the real challenge is to stick to them. It helped enormously that David's from East Devon and only ten years older than the students !
 - Having been a casualty of lockdown last year, I was reminded of what the Evening represents. Yes, it's about individual students, and it's fantastic to see them more grown-up than you might expect six months after they left with doubtful messages scrawled on their shirts. However, the individuals were a community within a community, and they grew up together from small, shy (or over-confident) Year 7s to the prototype adults they are now. It's also easy to see this particular Evening as the end of an era, as many Year 11s have left the building for good for their further study. But it's actually a staging-post, a milestone. We've all done our bit students, parents, my colleagues and the students have received their very important GCSE results. The amount of unlocked potential in these 154 young people is amazing; what will they do with those results as a foundation over the next 5, 10, 25 years? what skills and characteristics will they demonstrate? will they be safe, happy and successful?

• There is a saying that you live your life forwards, but can only understand it looking backwards. I wish there was some way of instilling what these young people know now into the minds of Years 9, 10, 11....

Year 11 Exams

- Mentioning the current Year 11, next week (and a bit of the week after) they are doing their exams, and we wish them well. As well as being important as an indicator of where students are academically, and giving "exam practice", these mocks might be used as evidence for grading if next summer's exams are cancelled; the government intention is that exams will go ahead, and apart from those students who do better at coursework, almost everybody agrees with this, a pleasant change from the past two years.... Anyway, we have tried to cut Year 11 as much slack as we can, with more lessons and homework than usual being given over to revision. The mocks are also a little narrower than usual in terms of coverage, although remaining true to the contingency plan guidance. I ran through the regulations in my "Children are maggots" assembly vesterday (not as bad as it sounds, comparing JCQ rules with Mrs Trunchbowl from *Matilda* – ask a Year 11). Most are the same as in the summer: black pens, clear pencil case, no labels on water bottles, absolutely no phones or internet-enabled devices, no watches of any description (this is new), no calculator backs, no sweets unless medical and also in clear plastic (you can write loads on the back of a polo wrapper). Due to covid precautions, in the Hall students will be allowed to bring bags and put them at their feet, to avoid the crowding in the changing rooms. The Hall will be ventilated whenever possible (i.e. cold) so we are reluctantly allowing students to keep coats on - it would be sensible though to wear an extra layer and a less bulky coat. Wearing a mask is not compulsory, but it is encouraged.
- If you have any questions or concerns, do not hesitate to contact us. If it is a subject concern, please contact your child's teacher. If it is a welfare/well-being issue, please contact the tutor or AtHoS. If an exam-related enquiry, please e-mail exams@clystvale.org

Year 13 Parents' Evening

• I am sure that everyone who needs to know, knows, but the Year 13 Parents' Evening is on Thursday, on-line, and bookings have been open for a while. Year 13 Parents will also know that unfortunately both Miss Haynes and Mrs Barrington are absent ill, but Miss Haynes is happy to receive e-mailed queries and issues. If there are any technical issues about the Parents' evening, please contact Mrs Grant on grantp@clystvale.org During Miss Haynes' absence, we have arranged for Mrs Padden to be in Post-16 as much as possible to support students, especially as it is UCAS season!

Covid News

- I'm pleased to say that there isn't much covid news, unless you're very superstitious. There are thirteen students isolating, five of whom return on Monday and three of whom are awaiting PCR results. There is one member of staff isolating.
- But to misquote Thomas Jefferson, the price of limiting covid is eternal vigilance, so we still need to maintain the measures currently in place.
- Please keep testing twice a week, and report it through Test Register.
- Please, please keep nagging about wearing masks and children taking responsibility for them. We are still giving out way too many each day, including 10-15 every lunchtime when students have managed to lose them. In fact, I'm beginning to wonder whether duck tape might be more effective it would certainly stay on for longer. And make a point...And make it harder to talk.....hmmm....

November

• It happens every November, in every school to some extent, but that doesn't mean I shouldn't raise it or it's not important. Most students are fine, but there are more students than usual who are tired, grumbly, possibly a bit snotty, and who push the rules. I've mentioned masks above. A second example is the rolling up of skirt waistbands to shorten skirt length; I've said before there are skirts, short skirts, and skirts that are too short which are the ones I'm talking about. Then there's the annual reminder that hoodies are not coats, should not be worn, and will be confiscated for the day.

Then there's jewellery: small stud earrings and that's it, please: no nose, lip. Eyebrow piercings, no budgie perch earrings. We have a fairly simple uniform code, and it should be easy to follow. Clyst Vale is a good school, students should take pride in being here, and the uniform disputes we have with students (and a few parents) are a waste of time which should be better spent. A different example is litter which for some reason is a lot worse after half-term, especially on the field. Again, it's amazingly simple: litter goes in bins, or in bags to go home. If litter is left for a time while (eg) football matches are being played, it's a student's responsibility to not forget it, but to put it in a bin or bag. On one or two buses there is increasing silly behaviour: please tell us who the individuals are, and we will follow it up. There are several interventions we can apply, including temporary and in extreme cases permanent bus bans.

I never enjoy writing notices like this. However, we all have a communal responsibility to maintain standards, challenge when those standards slip, and encourage pride in the College. We want a decent environment for students to learn, and smartening up contributes to this. So, please have a conversation at home. I am well aware that a high percentage of students do wear correct uniform, don't wear hoodies or jewellery, never drop or forget litter, and want to get home as quietly and quickly as they can. Thank you to all of them, and their families for supporting us. I'd just like that percentage to be even higher.

Year 10 Work Experience

"Already?", I hear some people say. Well, yes and no. Students seeking work experience placements in high demand workplaces (such as vets) need to get organised quite quickly. Work experience will be in the last week of the summer term (and for Year 12), $18^{th} - 22^{nd}$ July. Mrs Bennett launched it in an assembly today, and in the following weeks it will be covered within CPS lessons. There will also be a weekly Year 10 only careers drop-in at lunchtime, probably a Wednesday. At Clyst Vale, we believe strongly that work experience is an important part of a student's education as a whole, as it provides real-world experience not possible in a classroom, and develops a wide range of soft skills, as well as the potential motivational and "career" aspect. Mrs Bennett will be writing separately to Year 10 parents with much more detail.

Rugby Success for Former Students:

• We were thrilled to hear about former students of Clyst Vale, Ben Parsons and Louie Drennan. Ben, who finished Clyst Vale in 2019 is currently Captain of Exeter Chiefs' Under 23 squad, part of their Junior Academy and is also on loan at National 1 side, Plymouth Albion. Louie, finishing Year 11 just this summer, has gone onto Exeter College and has been a main part of their ACE squad, along with being in the Exeter Chiefs Under 18 Academy. Even better, Louie has been called up to the England Under 18 squad for their upcoming training camps for the internationals in the Spring. Both boys were outstanding sportsmen whilst at Clyst Vale and provide a true inspiration for current and aspiring students. We would like to wish them all the very best for their very bright futures.

Is it beginning to feel a bit like Christmas?

• Black Friday today, advent calendars next Wednesday...and a date for your diary: Clyst Vale's Carol Service will be on Wednesday 15th December, at Whimple Parish Church at 7p.m.. Another lovely event to look forward to.

Best wishes,

Kevin Bawn Principal

Evenings and weekends – reporting of Covid-19 positive test results

We have introduced a dedicated phone number, solely for reporting <u>positive Covid-19 test results at evenings</u> and weekends.

You may also use this number if you have accidentally recorded an LFT result as positive – please always notify us if this has happened in error.

(During the school's normal opening hours, please contact Student Absence on 01392 463911 or email: studentabsence@clystvale.org)

The number is:

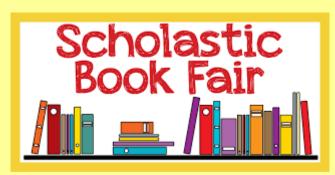
07818 212 931

It is not for suspected cases, non-Covid-19 illness or absence, and is not an advice line.

We would prefer you to text positive Covid-19 test result information to this number, including:

- Name of student
- Student's tutor group
- Date symptoms appeared
- Which symptoms, or no symptoms
- Date of test
- Date of test result

If necessary, someone will contact you having received this information. Thank you!



Thursday 25th November to Thursday 2nd December

Mrs Southard is hosting a book fair in the Library!

It will run from Thursday this week to Thursday next week.

Payment can either be made in the Library, or you can choose the books you would like, pay for them online and collect them once payment has processed - using the online service here:

https://bookfairs.scholastic.co.uk/pay

We hope you enjoy the book fair!

Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the College community.



Rugby Success for Ex-Students

A huge congratulations to former students of Clyst Vale, Ben Parsons and Louie Drennan, who have gone on to achieve notable success in the sport of rugby union.

Ben, who finished Clyst Vale in 2019 is currently Captain of Exeter Chiefs' Under 23 squad, part of their Junior Academy and is also on loan at National 1 side, Plymouth Albion.

Louie, finishing Year 11 just this summer, has gone onto Exeter College and has been a main part of their ACE squad, along with being in the Exeter Chiefs Under 18 Academy. This has been superseded with a call up to the England Under 18 squad for their upcoming training camps for the internationals in the Spring.

Both boys were outstanding students whilst at Clyst Vale and provide a true inspiration for current and aspiring students. We would like to wish them all the very best for their very bright futures.

Mr Pearce Head of Green School/Teacher of PE

Post 16 v Year 11 Football - Match Report

A thoroughly enjoyable and highly competitive game of football was played out on Monday evening on the First Team pitch. For Post 16 it was the first competitive fixture for some time and Y11 also had missed large chunks of their fixture calendar due to Covid. Captained by Adam Muscatt the Post 16 were large in number (3 subs), glorious in royal blue and

energetic to a man. Y11 had only the bare XI needed, but were captained by experienced George and were full of enthusiasm in their bright yellow kit. With Luke in goal, Tom at centre back and Will Jermey and Liam Vile controlling the midfield it was a dominant first half for the older boys. However, despite the lion's share of possession, Post 16 could not really test Kaiden in goal. This was largely due to some outstanding defence from Tom and also Jed. Indeed it was Jed who proved Post 16's nemesis time and again, heading clear, timing tackles to perfection and showing determination to drive forward from defence. Fifteen minutes into this tight encounter it was Ellis who finally found some space and hit a lovely left foot shot across goal, only to see it fizz wide. At the other end Robin, Adam, Oscar and Liam continued to combine well, but Kaiden, even with his buttery fingers, managed to keep the ball out of the net. Post 16 brought on Neddy who showed some nice touches and pace in attack, as did Max who showed another sport he is annoyingly good at. In defence Tom and Joe mopped up well and covered for slower players when needed. Ben H and also Liam S from Y11 started to create some lovely triangles at the end of the first half and seemed like the more classy of the midfielders on show. In defence Harry and David blocked almost all that came their way and so it was looking like penalties. Post 16 rotated Brandon into goal and Luke into midfield in search of a winner. With Luke, Liam and Will all linking well it was looking likely. Then the turning point, a run and shot from Ellis could only be parried by Brandon and George was quick to put away his chance. The line judge viewed the goal as onside and certainly there was no clear error. In the dying seconds Post 16 pushed forward and won a corner. As the ball was delivered Kaiden plucked the ball from the air and that was about the end of it. With darkness falling the line judges Jamie and Leo were thanked, hand shakes all round and promises of a rematch exchanged.

Man of the Match: Jed from Y11 – superb interceptions, reading of the game, tackles and headers. Even a few lovely driving runs forward. A wall which Post 16 could not get past.

Mr J Powell Head of PE





Year 8 Boys Rugby: CVCC 5-42 Cullompton

The Clyst Vale lads suffered a heavy defeat against their Cullompton counterparts but rapidly improved in their endeavour and attitude throughout the game. Led by skipper, Jasper, they played up the sharp slope in the first half and found it tough going against an experienced and very physical side who mostly play at the local club, Cullompton RFC.

Callum did a fine job in the front row and hit many rucks, alongside the Year 7s who we were very grateful towards for stepping up a year, with Jacob, Kai, Oliver and George doing a great job. Archie and Callum in the backs found their feet gradually in the second half to make inroads into the Cully defence, with Ben eventually scoring in the corner for a well taken try. Jak covered the field well with Harry working hard in the midfield to get players around him to defend. Guy and Max on the wings were limited with ball but always did well to find space and keep the attack going.

All in all, a tough game for the lads but certainly a reminder that you have to be physically ready for the encounters in which the game throws at you, which was much improved in the second half. Well done to all of the squad!

Mr Pearce Head of Green School Teacher of PE

Successful launch of Menstrual Wellbeing project for pre-teens at Clyst Vale

Pupils in Year 7 have been involved in a new programme to raise awareness about menstrual wellbeing - a topic that's all too often a subject of shame or embarrassment. The sessions were designed for all students to participate in, aiming to break taboos and awkwardness by discussing common truths/myths, looking at available period products and how periods can affect people's lives.

Topics covered included:

- How period tracking can help you understand how the monthly menstrual cycle affects both physical and emotional wellbeing
- Playing a truth/myth game to bust taboos about periods
- Looking at a variety of period products, both disposable and reusable options, to give an idea of the choices available during periods.

The menstrual wellbeing sessions were delivered by a group of volunteer mentors trained by the Nest Southwest CIC about the importance of menstrual education and its positive effect on many areas of life.

Menstruation – The Nest Southwest CIC (thenestsw.org)

This lesson supports our existing programme and students have been given the opportunity to reinforce the learning in this session through their additional Course 42 sessions. Students were particularly interested in looking at the different products available and how they work, thinking about the environmental impact.

Through the government programme we have free period products available in school and students can get hold of these in the toilets or ask their ATHOS to access these products. As a Rights Respecting School, we are committed to informing students about the impact of period poverty and empowering all students to discuss menstruation.

Nicola Bennett—Course 42 Lead

These sessions link with the following articles from the Convention on the Rights of the Child.

Article 17 (access to information) Every child has the right to reliable information from a variety of sources.

Article 24 (health and health services) Every child has the right to the best possible health.

Article 28 (right to education) Every child has the right to an education.





STUDENTS OF THE WEEK



GREEN SCHOOL

7GCMC	Brayden-Martin Hawkins
7GIM	No permission to publish name
8GABR	Archie Cross
8GDH	Annie Glascoe
9GAW	No permission to publish name
9GBA	No permission to publish name
10GHE	No permission to publish name
10GSW	No permission to publish name
11GGT	No permission to publish name
11GMN	No permission to publish name

7RBAT	Kate Dearden –Watts
7RHSP	Zach Wilson
8RZB	No permission to publish name
8RSGA	No permission to publish name
9RMAH	Chloe Herring
9RAO	No permission to publish name
10RER	No permission to publish name
10RGG	Keon Byrne
11RTMA	Liam Stumpf
11RSS	Izzy Burgess

RED SCHOOL

	YELLOW SCHOOL
7YMBR	Cody Andrew
7YTZI	Max Ferris
8YSSC	Freya Bayley
8YPNE	No permission to publish name
9YDST	Charlotte Curwood
9YSP	Isla Rothwell
10YMPR	Ray Phillips
10YNS	Izzy Ward
11YCW	Harrison Rees
11YRB	George Wright

Colour coded refers to Ten Tors/Duke of Edinburgh only

Mr Powell	Snorts Hall	Sports Hall	Lunchtime	Post 16 Indoor Football	Friday
		HU2	Lunchtime	KS3/4 Amnesty	Friday
Hall/Mrs Broomfield					
Mr Stapleton/Miss	Various	Various	Lunchtime	Various Years Inter-Tutor	Fridav
Miss Jenkins		HU5	Lunchtime	Games Club	Thursday
Mr Moxey		SC3	Lunchtime	Yogioh Club	Thursday
Mr Zimbler		HU4	Lunchtime	Attenborough's Army	Thursday
Brooks					i i la suay
Mr Pearce/Mr Powell	Humanities Block	Field	Lunchtime	Year 7, 8 & 9 Rugby	Thursday
Mrs Crook		DT4	Lunchtime	GCSE Theory Catch Up	Thursday Week A
Mrs Crook		DT3	Lunchtime	11C Practical GCSE Catch Up	Thursday Week B
Mrs Gillespie			Lunchtime	Drug & Alcohol Information Drop In	Wednesday
Mr Stapleton	Humanities Block	Field	Lunchtime	Year 9 Football	Wednesday
Miss McConnachie		MF1	1.40pm	LGBTQ + Group	Wednesday Week A
Mr Powell	Sports Hall	Sports Hall	Lunchtime	Year 7 & 8 Badminton	Wednesday
Mrs Crook		DT3	Lunchtime	11A Practical GCSE Catch Up	Wednesday Week B
Ms Watt/Mrs Battishil		EN7	Lunchtime	Post 16 Amnesty	Tuesday
Mr Bailey		IT3	Lunchtime	Minecraft Club	Tuesday
Mr Eales/Miss Barratt		IT4	1.30pm – 2.10pm	Ten Tors/Duke of Edinburgh Award	Tuesday
Mrs Elliot	Humanities Block	Dance Studio	Lunchtime	Year 10 – 11 Weights	Tuesday
Miss Hall	Humanities Block	Dance Studio	Lunchtime	Year 7, 8 & 9 – Dance	Tuesday
Mrs Needs	Sports Hall	Sports Hall	Lunchtime	Year 10 – 11 Basketball	Tuesday
Mrs Bennett		V01	Lunchtime	Mental Health Ambassadors	Monday
Spencer					
Dr Odunlade/Mrs		SC2	1.30pm – 2pm	Science Club	Monday
Mrs Battishill		HU1	1.40pm	Year 11 RS Revision	Monday
Mrs Walton		AR2	Lunchtime	Week B – KS3 Art Club	Monday
Mrs Walton		AR2	Lunchtime	Week A - GCSE Art Club	Monday
Mr Pearce	Humanities Block	Field	Lunchtime	All Years Girls Rugby	Monday
Mrs Elliot	Humanities Block	Dance Studio	Lunchtime	Year 10 – 11 Btec/GCSE Dance	Monday
Mr Powell	Sports Hall	Sports Hall	Lunchtime	Year 9 – 13 Badminton	Monday
Teacher	Changing Room	Where	Time	Club	Day

LUNCH CLUBS

CALIENIDAR DATIES

DATE	EVENT
Mon 29 November - Wed 8 December	Y11 Mocks
Thurs 02 December	Y13 Parents' Evening 4pm - 6.30pm
Sat 04 December	Ten Tors/Bronze D of E Event - all day
Tues 09 December	Y9 Parents' Evening 4pm - 7pm
Weds 15 December	Carol Service, Whimple Church 7pm - 9pm
Fri 17 December	LAST DAY OF AUTUMN TERM
Sat 18 December	DofE Gold Day - all day
Mon 20 December - Tues 04 January	CHRISTMAS HOLIDAYS
Weds 05 January	START OF SPRING TERM
Sat 15 January	DofE Overnight 1: Bronze
Thurs 20 January	Y11 Parents' Evening 4pm - 7pm
Tues 25 January	Y9 Options Evening 4.30pm - 7pm
Thurs 27 January	Y10/Y11 Trip to Southall Gurdwara
w/b 31 January	Y13 Mock Exams
Sat 12 February	DofE Overnight 2: Bronze All day
Thurs 17 February	Y12 Parents' Evening 4.30pm - 6.30pm
Fri 18 February	Y9 Options Fair
Mon 21 - Fri 25 February	SPRING HALF TERM
Mon 28 February	Y11 Food Practical Exams
Tues 1 March	Y11 Food Practical Exams
w/b Mon 7 March	Y11 Mock Exams
Sat 12 March	DofE/Ten Tors Overnight 3
Tues 22 - Fri 25 March	Y11 Art/ Art Photography Exams
Weds 23 - Fri 25 March	Rosslyn Park Rugby 7s Tournament
w/b Mon 28 March	Y10 Exams
Tues 29 March - Fri 01 April	Y13 Art/ Art Photography Exams
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Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring: Sharon Leaman/Racheal Long (Attendance Officers) Direct line: 01392 463911 Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please do <u>not</u> ring Email: studentabsence@clystvale.org copying in: haynesc@clystvale.org

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers Trutex GTN (2 pocket black)/David Luke DL965 black).
- Skirts Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Principal: Kevin Bawn, BA PhD
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