



NEWSLETTER

No. 656
w/c Mon 10 February
will be Week A

THOUGHT OF THE FORTNIGHT

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but by all means keep moving." Martin Luther King Jr.

Dear Parents/Carers,

Our House

Next week is show week! Our House is going to be amazing, the latest in a long line of fantastic Clyst Vale productions! Understandably, there is a huge focus on the students performing, playing in the orchestra, or part of the stage crew, as well as my colleagues responsible for the direction; equally understandably, there is a strong focus on the hours, days and weeks of rehearsal and practice, and the emotional investment of all concerned. On top of all this, though, is an emphasis of what Clyst Vale strives to be: a community college, promoting a sense of community, and our annual productions are our best and brilliant example of that. The age range of students is 11 to 19, but they are all one team, and they all help and support each other; this is a superb example of the verticality we seek to encourage, taking responsibility and being a role-model for those younger students. The production is genuinely a community event; it literally couldn't happen without the band of volunteers, many of them parents, some of them parents whose children left Clyst Vale some time ago. Former student Mike Brown builds the set, makes props, is stage manager, and a lot more; the lighting company we use is also run by an ex Clyst Vale student. I haven't mentioned the community of parent taxi drivers and chaperones, who again make the whole thing possible. So, at one level this is a school play, and many schools do plays, even musicals. But it is much more than just a school play, hopefully you can see why I'm so passionate about supporting the productions, and why I hope that you will come along to support our students, staff, parents, volunteers and the College in general!

Options Evening

Every child is an individual, so for some parents the options process could be a breeze while for others it means days of discussion and broody teenager moods. I hope that last night's Options Evening was helpful: it was certainly very busy and positive, and it's always pleasant that teachers and parents are firmly on the same side in helping students make good choices. Today, there was a useful buzz in the Giraffe House at the "Careers Fair" in which Y10 and 11 students told their Year 9 counterparts what it's really like. Speaking to Year 9 students, most of them have found the process very useful, have made their choices, and seem pretty comfortable with the process. The key thing is that whatever choices are made, students will have a good breadth of subjects which will support progression to a variety of further education courses and careers. My advice has always been choose subjects for enjoyment; GCSEs are challenging (all of them have a lot of theory and old-fashioned sit-down exams, even the practical ones) so a love of the subject, or at least a warm fondness, is very important. Mentioning love of a subject, just a reminder that the deadline for forms is next Friday, 14th February, Valentine's Day.

More widely, Year 9 have been using the careers pilot website which enables them to create a skills map and examine the areas of employment, jobs, qualifications and skills that they may be interested in. Parents can also use the site to keep up to date with career opportunities and labour market information showing projections of the areas of employment which have the best job prospects. Please see the following link (this site is useful for parents of students at any stage of their school career): <http://parentzone.careerpilot.org.uk/parent>

Parent Forum

The meeting loosely scheduled for January clearly has not taken place. We have had difficulty in finding an appropriate speaker to run a session for parents on adolescent mental health issues, identifying signs, signposting and the current trends. At last, we have a number of possible leads and hope to run an evening after half-term.

UK Youth Parliament

As a Rights Respecting School, it should be no surprise that we are actively involved in promoting the voice of young people. We are a registered voting centre for UK Youth Parliament elections, and this week students have had a chance to vote. Clyst Vale has THREE candidates for election to the national Youth Parliament: Annelise Smith, Jake Gregory and Joe Hartley, and we are enormously proud of them for standing whatever the results may be. Polling closes on 10th February, with the results announced in March.

Apprenticeships

On Wednesday 29th January, organised by Mrs Bennett, 30 Year 11 and 12 students attended the Apprenticeship Fair at Westpoint. This was an opportunity for the students to see what Apprenticeship opportunities are on offer in the South West and talk to apprentices from a number of sectors. They were also given the opportunity to try out some of the skills that they will require to be successful in their pursuit of an apprenticeship. We are committed to supporting our students in applying for Apprenticeships when they leave CVCC in year 11 or as an alternative to Higher Education at the end of year 13.

The following website offers parents information about the possibilities available which cover 1500 job roles.

<https://www.gov.uk/government/publications/a-parents-guide-to-apprenticeships>

If you would like more detailed information please see the parents pack attached.

<https://amazingapprenticeships.com/resource/parents-pack-january-2020/>

Meanwhile, Year 10 students have attended an assembly on Apprenticeships run by careers south west and we have been discussing the benefits of apprenticeships with KS3 students as this week is National Apprenticeships Week.

Staff News

Leaving today is caretaker James Salisbury, who takes up a new post at the Royal School for the Deaf in Exeter, and later this year, Exmouth. James has contributed much beyond caretaking to Clyst Vale College in his time here, most notably performing in the occasional staff band "Requires Improvement". As ever, we thank him for all he has done, and wish him well for the future.

League Tables

I'm not sure the purpose of the DfE league tables being published in February, six months after results day and just three months before the next lot of public exams start. I suppose that if a school did well it's a nice reminder, and if not so well (as in our case) it's a prompt to keep up the hard work and sustain the plans made back in September. Our 2019 GCSE cohort performed "below average", and we definitely want and expect 2020's cohort to improve on this. It's really important to stress that half of the 2019 cohort made expected or better-than-expected progress, so even in a disappointing year many students are successful; further, the 2019 headline P8 statistic was affected by a larger than usual number of nine students who did not attend or barely attended through health issues. So, not comfortable, but we need to look forward not back.

Milestone Birthdays

I'm much happier when students and colleagues take the limelight, so I had mixed feelings about turning 49 again on Wednesday. Because it was a milestone birthday, in true workplace etiquette I treated colleagues and all students to cake (I did this ten years ago, too, when I was also 49). I mention this purely to sing the praises of our students: almost all of them either thanked me, or said "happy birthday", or both, and many of them were really appreciative towards our catering staff as well. I must thank Layla and her team for baking the cakes and for distributing them, and Chris Eales in ICT for a cunning way of keeping track. (There was an option for fruit instead of cake or cookie, but for some strange reason only a handful of growing teenagers chose this option...)

Best wishes,



Dr Bawn

Year 9 Parent's Evening

Year 9 Parents' Evening is on Thursday 27th February starting at 4:30pm. Please book your appointments online, <https://cvcc.parentseveningsystem.co.uk/> (<https://cvcc.parentseveningsystem.co.uk/>) . If you are experiencing any problems with booking please contact your child's AtHoS.

Green School- Miss Prunty 01392 463913

Red School- Mrs Grant 01392 463910

Yellow School- Mrs Turner 01392 463914

Year 8 Bude Residential 2020

All parents are invited to attend a Bude Information Evening on Tues 3rd March. The evening will start promptly at 6pm and will be finished at approximately 7pm. The owner/manager of the centre will be present to answer any of your questions that we are unable to.

We look forward to seeing you!

Mr Pearce & Mrs Elliot

SPORTS NEWS

Year 7 Rugby: Clyst Vale v St Peter's & Tiverton

The Year 7 lads played their first games in a while at St Peter's School last Wed evening and were superb in their endeavour and attitude over both games.

First up against Tiverton, the lads were victorious in a dominant 25-5 win, with Charlie Williams, George Craig, Oliver Hawke and Olivier Krzemien all dotting down.

The second game against St Peter's was a much tougher affair, with the hosts coming back from a try down to edge the game 15-10, despite two tries from Charlie Williams.

Congratulations to a talented squad: George Craig, Lenny Bolt, Charlie Williams, Oliver Hawke, Dan Horn, Jack Howes, Fletcher Sherwood, Henry Fenner, JJ Slater, Dan Baker, Oliver Back, Olivier Krzemien, Nick Ball, Jaden Hooper and Archie Jameson.

*Mr Pearce
Head of Green School
Teacher of PE*

Y10/11 Boys Rugby v St James (A)

St James 10-10 Clyst Vale

The Year 10 and 11 boys were magnificent in their recent game away at St James last Wed afternoon. Despite a wet and heavy pitch, the boys were superb in their approach and application, being absolute credits to the school both on and off the pitch.

Louie Drennan and Isaac Cabanga tries in the second half got Clyst Vale a well earned draw with some good patterns of play and some heroic defence. A big mention to Dom Boots-Hutchings for skippering the side, with Louie Drennan putting in a man of the match performance at number eight, not his usual position!

Well done to the squad: Dom Boots-Hutchings (c), Louie Drennan, Jake Williams, Oliver Tydeman, Sam Walters, Tom Massey, Josef Welch, Joseph Tandy, Harri Turner, Sam Kerlake, Luke Williams, Dylan Cadwallander, Ashton Dawkins, Isaac Cabanga, Zane Cabanga, Jamie Inker.

*Mr Pearce
Head of Green School
Teacher of PE*

Country Badminton Finals 2020

A huge well done to the boys and girls from Clyst Vale's badminton squads who competed at the Country Badminton Finals on Wed in Paignton.

The key stage 3 boys were led by the rapidly improving Rhys who showed both agility on court and power in attack as he played his singles rounds. Marlon was the number two ranked player and had some fine performances against older students in his pool. The squad was completed by Michael and Ned who played well as a pair, but also supported the singles player in some great doubles victories.

Fourth place in the county is a good result for a young team.

There were two teams in key stage 4 and both boys and girls came second in the county. The boys were led by Will and his power and touch at the net was superb throughout. Sadly an injury meant he was reduced to the rank of 4 promoting Max to 1 with Jacob also now playing singles. Max was outstanding in this role and played some of his best badminton. Jacob also showed great skill in his games together with the power we normally associate with him. Olly was now paired with his friend Will and they cruised to a number of victories ensuring a finish as second rank in the country behind Exmouth.

The girls now on their third visit to the finals in as many years were led by Lara and Emily with Summer and Emily Clayton. In the singles Lara powered her way past all but the Colyton top ranked player and at times showed more guile and

subtlety than previously demonstrated. Emily was a super star

in her singles with a lovely mixture of lunging drop shots and

back court flicks. Both Summer and Emily Clayton showed

huge improvements in their games as they dominated the net with kill after kill.

Second place in the county behind Colyton with only two points separating the girls in the final deciding game.

Praise should also go to Ollie Manning and Mya Walker who as Post 16 Btec Sport Students coached and motivated throughout the day. Their confidence and communication promoted positive play and confidence on court. A final thanks to the canteen staff who provided packed cakes for the travelling students from Dr Bawn which went down a treat with the badminton players and two coaches.



Mr J Powell
Head of PE

University experience opportunity for Y10 students

The Exeter Scholars scheme is a free programme run by the University of Exeter allowing Y10 students (who satisfy eligibility criteria) to develop their knowledge of what it is like to study at a leading university. All events and activities have been designed to help students make informed decisions about whether university is the right option for them and to help make the process of getting there as easy as possible.

The scheme includes the following elements in Y10:

- An all-expenses-paid residential held at the [University of Exeter Streatham Campus](#) where students stay in university halls of residence.
- A range of online and face to face seminars such as: 'Cracking Careers', 'Demystifying Higher Education', 'Exploring Courses' and 'Higher Education: To Go or Not To Go'.

Once on the scheme, students will continue to be part of Exeter Scholars until they leave Year 13 – with the following benefits:

- ✓ An understanding of university life and an opportunity to hear direct from current university students about their experiences
- ✓ Increased confidence to help you prepare for the transition to higher education
- ✓ Learn more about a subject area of your choice before choosing whether to study it at university
- ✓ Develop key skills and knowledge to help boost your university application and aid your current studies
- ✓ The chance to make new friends
- ✓ Support and guidance with completing your university application form
- ✓ Financial support to cover all travel costs associated with completing Exeter Scholars
- ✓ Exclusive access to an Exeter Scholars reception at September pre-application Open Days in both Exeter and [Plymouth](#)
- ✓ A travel bursary for travel costs to attend a University of Exeter Offer Holder Visit Day
- ✓ A reduction in entry requirements of up to 2 A level grades or equivalent lower than the standard entry requirements for all University of Exeter Undergraduate courses

In order to apply for the course your child must:

Be expected to achieve a minimum of 8 GCSE's at grades A* – C or 9 – 4 to include GCSE Maths and English at Grade 4 and above.

And meet one of the following measures:

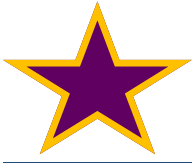
1. You live in a neighbourhood where a low percentage of young people progress to higher education as defined by your home postcode
2. You live in a low income neighbourhood as defined by home postcode
3. You are in receipt of free school meals
4. You are eligible for school bursaries
5. Your parents have not studied at university
6. You are or have been living in care
7. You have caring responsibilities

The whole application process and management of the scheme is run by Exeter University; I would thoroughly recommend that all interested and eligible Y10 students apply for the programme.

The closing date for applications is 14th February and all information can be found using this link:

<https://www.exeter.ac.uk/exeterscholars/apply/year10/allapplicantssouthwestnational/>

Mrs Oldfield



STUDENTS OF THE WEEK



GREEN SCHOOL

7GAW	Olivia Raeder
7GBA	Lexi Carthew
8GTB	Rebecca Muscat
8GSW	Aaron Hole
9GGT	Oliver Broome
9GDJ	Adah Hartley
10GIM	Mia Sobey
10GHE	Lara Gimbuta & Emily Pattison
11GABR	Sam Roberts
11GDH	Max Lockyer

RED SCHOOL

7RAO	Finley Honeywill
7RAR	Theo Howard
8RSJ	Jack Crawford
9RSS	Emily Sibley
9RTMA	Katie Goddard
10RCJ	Bethan Hatt
10RCM	Star Romerill
11RZB	Flossy Voaden

DID YOU KNOW?

ALL OUR PLASTIC BOTTLES ARE 100% RECYCLABLE
 OUR HARROGATE WATER BOTTLES ARE FROM 53% RECYCLED PLASTIC
 WE ARE REMOVING ALL PLASTIC CUTLERY AND LOOSE PLASTIC STRAWS AT OUR SITES
 HELP US HELP OUR ENVIRONMENT - WHY NOT ASK FOR 'REAL' CUTLERY AND CROCKERY
 WE HAVE REMOVED ALL PLASTIC STIRRERS AND REPLACED WITH WOODEN ONES FROM SUSTAINABLE SOURCES
 WE OFFER REUSABLE HOT DRINKS CUPS IN ALL OUR CAFES REWARDED WITH DISCOUNTED HOT DRINKS
 WE OFFER A LOYALTY SCHEME FOR USING CROCKERY & CUTLERY INSTEAD OF DISPOSABLES
 WE OFFER A LOYALTY SCHEME FOR RECYCLING PLASTIC BOTTLES WITHIN THE REFECTORY
 OUR MAIN MEALS ARE FRESHLY PREPARED WITH RED TRACTOR/FARM ASSURED FRESH MEAT WHERE APPROPRIATE
 WE USE PRODUCE WITH HIGH STANDARDS OF WORKER & ANIMAL WELFARE SUCH AS

- RSPCA ASSURED FREE RANGE EGGS
- FISH THAT COMPLIES WITH MSC STANDARDS
- FAIR TRADE PRODUCTS

WE ARE THE ONLY COMPANY IN OUR SECTOR TO HAVE INVESTED IN A DEDICATED SPECIALIST FOR DEVELOPING ENVIRONMENTAL MANAGEMENT SCHEMES
 ALL OUR SUPPLIERS ARE AUDITED BY AN EXTERNAL BODY TO ENSURE THEY COMPLY WITH HIGH STANDARDS AND STATUTORY OBLIGATIONS
 WE HAVE REDUCED SUGAR IN OUR PRIMARY SCHOOL RECIPES BY 67% SINCE 2017 WHICH EQUATES TO OVER HALF A MILLION KILOGRAMS
 PROFESSIONAL RECOGNITION FOR OUR FRESH FOOD POLICY SUCH AS "SOIL ASSOCIATIONS FOOD FOR LIFE" SERVED HERE
 THE GOOD EGG AWARD BY THE COMPASSION IN WORLD FARMING

REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE
 REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE, REDUCE, REUSE, RECYCLE



YELLOW SCHOOL

7YDS	Daniel Baker
7YSP	Isabelle Bradley
8YMPR	Barnaby Baines
8YNS	Evie David
9YCW	Ronin Walter
9YRB	Lorenzo Amatuzzo
10YMBR	Sam Mills
11YMM	Ben Wills

Attendance, Absence and Requests for Absence

Please let the College know of any absence on the first day it occurs.

If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical appointments:

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance.

The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

For Years 7 - 11 Absences

Please ring:

Penni Ball (Attendance Officer)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Please ring:

Jassy Barrington (Post-16 PA)

Direct line: 01392 462697

Email: barringtonj@clystvale.org

Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the College community.





Speech, Language and Communication Needs Parent Workshops 2020

A free workshop for parents of children and young people with speech, language and communication needs.

We will be focusing on strategies to support your child with vocabulary learning. We will be looking at how to support word learning through book sharing, as well as exploring visual ways in which you can support your child to learn new words throughout their school career.

This workshop is suitable for parents of children at Primary and Secondary school.

Please choose from the following venues:

	Venue	Date	Time
Exeter	St Michael's Primary Academy	4 th March 2020	13:30 - 15:00
West Devon	Stowford Primary	4 th March 2020	13:30 - 15:00
South Devon	Haytor View Primary School, Newton Abbot	12 th March 2020	09:30 - 11:00
East Devon	Marpool Primary, Exmouth	3 rd March 2020	09:30 - 11:00
Mid Devon	St Andrews Primary, Cullompton	4 th March 2020	13:00 - 14:30
North Devon	Sticklepath Primary, Barnstaple	5 th March 2020	10:00 - 11:30

To book your free place, please email sue.vanstone@babcockinternational.com

LUNCH CLUBS Monday-Wednesday






Day	Club	Time	Where	Changing Room	Teacher
Mon	Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Mon	Year 7, 8 & 9 – Basketball	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Mon	Year 9, 10 & 11 – Weights	Lunchtime	Dance Studio	New Block	Mr Pearce
Mon	All Years – Dance	Lunchtime	Dance Studio	New Block	Mrs Elliot
Mon	Year 11 Child Development – Health & Social Care Coursework Catch Up	Lunchtime	VO1	N/A	Mrs Bennett
Mon	B&V Workshop (BY INVITE ONLY)	1.30pm	HU2		Miss Brotherton
Mon	Our House rehearsals	Lunchtime	PA3	N/A	Miss Williams
Mon	Our House rehearsals	Lunchtime	PA1	N/A	Miss Ruscoe
Tues	Amnesty	Lunchtime	EN7	N/A	Miss Watt/Mrs Gillespie
Tues	Minecraft	Lunchtime	IT3 & IT5	N/A	Mr Bailey
Tues	Year 7, 8 & 9 – Football	Lunchtime	Field	New Block	Mr Stapleton
Tues	Year 10 & 11 Art GCSE Coursework/ Exam Support Club	Lunchtime	AR3	N/A	Mrs Pieczenko
Tues	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Mrs Bennett
Tues	B&V Year 11 Paper 2 Revision	1.30pm	HU1	N/A	Miss Brotherton
Tues	Our House rehearsals	Lunchtime	PA1	N/A	Miss Ruscoe
Tues	Year 11 GCSE Food Catch Up (theory or practical)	Lunchtime	DT3	N/A	Mrs Crook
Tues	Ten Tors	1.30pm – 2pm	IT4	N/A	Miss Barrett/Mr Eales
Wed	B&V – KS3 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Wed	Drugs & Alcohol Information Drop-In	Lunchtime	G31	N/A	Mrs Gillespie
Wed	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Wed	Drawing Club – Week B	Lunchtime	Library	N/A	Mrs Foulds
Wed	Year 7, 8 & 9 – Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Wed	Year 7 – Rugby	Lunchtime	Field	New Block	Mr Pearce
Wed	Year 11 – GCSE Catch Up	Lunchtime	PE5	N/A	Mrs Broomfield
Wed	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Miss Bennett
Wed	Our House rehearsals	Lunchtime	PA3	N/A	Miss Williams
Wed	Our House rehearsals	Lunchtime	PA1	N/A	Miss Ruscoe
Wed	Yugioh Club	Lunchtime	SC3	N/A	Mr Moxey

LUNCH CLUBS Thurs - Fri

Thurs	Hula Hoop Club	Lunchtime	Dance Studio	N/A	Mrs Gillespie
Thurs	Attenborough's Army	Lunchtime	Library	N/A	Mrs Foulds/Miss Matthews
Thurs	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce/Mr Stapleton/ Mrs Elliot
Thurs	Year 10 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell & Mr Brooks
Thurs	Year 7 & 8 Games Club	Lunchtime	HU6	N/A	Miss Jenkins
Thurs	B&V KS4 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Thurs	Science Club	1.30pm – 2pm	SC2	N/A	Dr Odunlade
Thurs	Our House rehearsals	Lunchtime	PA3	N/A	Miss Williams
Thurs	Our House rehearsals	Lunchtime	PA1	N/A	Miss Ruskin
Thurs	Year 10 GCSE Food Practical	Lunchtime	DT3	N/A	Mrs Crook
Fri	Our House rehearsals	Lunchtime	PA3	N/A	Miss Williams
Fri	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Fri	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce, Mrs Elliot, Mr Stapleton & Mrs Broom- field
Fri	Post 16 & Year 11 (invite)	Indoor Football	Sports Hall	Sports Hall	Mr Powell
Fri	Minecraft	Lunchtime	IT3	N/A	Mr Bailey
Fri	Week A Year 9 Baking Club (starting 20 th September)	Lunchtime	DT3	N/A	Mr Krasko
Fri	Week A Year 11 Child Development – Health & Social Care Course- work Catch Up	Lunchtime	VO1	N/A	Mrs Bennett

Lunch Menu

This Menu is available on the following weeks, date commencing;
31st December, 21st January, 11th February, 4th March, 25th March






Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Burger, in a bun served with crisp slaw and sauces	 Chilli Con Carne or Vegetable Chilli On a bed of rice	Roasted Gammon Or Turkey Served with stuffing & crispy roast potatoes	 Delhi Chicken Tikka Masala Or Chickpea & lentil Daal	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Vegan Spinach & Kale Burger in a brioche Bun	Mexican Vegetables with Feta, Nachos & salsa	 Macaroni Cheese topped with bbq beans, garlic bread & Salad	Served with rice, naan bread & a selection of side dishes	Roasted Vegetable, Tzatziki & Feta Wrap Served with chips
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	Vanilla sponge & vanilla sauce	Warm chocolate & beetroot brownie with cream	Toffee Apple crumble & custard	Creamy Rice pudding & berry compote	Fruity Flagjack & custard

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability

caterlink
feeding the imagination

Lunch Menu

This Menu is available on the following weeks, date commencing;
7th January, 28th January, 18th February, 11th March, 1st April






Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Classic Beef Lasagne served with garlic bread	 Marinated Chicken pieces Or Spicy Bean Burger	Chefs Roast Of The Day Pork or Turkey Served with stuffing & crispy roast potatoes	 Madras Curried Chicken Thighs Or Cauliflower &	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Leek & Mushroom Lasagne served with garlic bread	Served with side dishes including wedges rice & Onion Rings	 Macaroni Cheese topped with herby croutons & salad	Served with rice, naan bread & a selection of side dishes	Vegan Sweet Chilli Vegetable Stir Fry Served with Noodles
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	American style pancakes with toppers	Chocolate sponge & chocolate sauce	Rhubarb & orange crumble with custard	Carrot cake & cream cheese frosting	Apple & Cinnamon turnover

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability

caterlink
feeding the imagination

Lunch Menu

This Menu is available on the following weeks, date commencing:
14th January, 4th February, 25th February, 18th March, 8th April

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Baked Sausage & Egg Bean burrito with a cheesy crust	 Marinated Chicken strips or Falafel & Hummus	Roasted Garlic & Herb Chicken Served with crispy roast potatoes	 Beef Meatball Madras Curry Or Mughlai Vegetable Korma	Catch of the Day Served with lemon wedge & tartare sauce
Vegetarian Main Meal	Vegan savoury cous cous & Vegetable burrito with salsa	Including Khobez wraps, salads & sauces	 Macaroni Cheese topped with seasonal roasted vegetables, garlic bread & salad	Served with rice, naan bread & a selection of sides	Butternut squash & mushroom frittata
On the Side	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
Soup Station	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
Pizza, Pasta & Jacket Bar		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
Family Favourites	Chocolate & orange muffin	Vanilla shortbread & custard	Spiced pear crumble & vanilla sauce	Pineapple upside down pudding & custard	Fairtrade Banana bread

A daily selection of fresh Grab & Go items are also available.
Some dishes may vary and are subject to availability


feeding the imagination

CHARITY NEWS Non-Uniform Days – 2020

As a Rights Respecting School, we asked the students who they would like to raise money for on our non-uniform days.

This is who they chose and below are the dates of 2020's non-uniform days.

Fri 14th February 2020 – Devon Air Ambulance Trust

Fri 27th March 2020 – Children's Hospice South West

Supporting
children's hospice
SOUTH WEST
Registered Charity No. 1003314

Devon Air Ambulance

www.daat.org

CALENDAR DATES

SPRING TERM 2020	
Tues 11 February	Y8 Boys & Y9 Girls - HPV vaccination 9.00am - 1.30pm
Fri 14 February	Non-Uniform Day (Devon Air Ambulance Trust)
Mon 17 - Fri 21 February	SPRING HALF TERM
Thurs 27 February	Y9 Parents' Evening 4.30pm - 7.00pm
w/b 09 March	Y11 Core Subject Mock Exams
Tues 10 March	Y10 Parents' Evening 4.30pm - 7.00pm
Sat 14 & Sun 15 March	Ten Tors Practice Weekend
Tues 17 March (tbc)	Deep Learning Day
Tues 17 March	Y12 UCAS Convention, Westpoint
Thurs 19 March	Y9 DTP and Meningitis ACWY vaccinations 9am - 3.30pm
w/b Mon 23 March	Y10 Mock Exams
Mon 23 March - Fri 27 March	Y7 Paris Residential Trip
Tues 24 March	PE Sports Awards Evening 6pm-8pm
Fri 27 March	Non-Uniform Day (Children's Hospice South West) LAST DAY OF SPRING TERM

School Transport

1. Clyst Vale supports the (DCC) Devon County Council's "No Pass No Travel Scheme" that operates on transport to and from this College.
2. Only students who show a valid travel pass to the driver **on every journey** will be allowed to travel. Students must travel on the vehicle indicated on their pass.
3. **Please ensure that your child has their travel pass before they leave home every day.**
4. Please ensure that your child knows what to do in the event they are not allowed to travel or the bus does not arrive (e.g. because of breakdown or traffic conditions or severe weather). College attendance is very important and it is best to be prepared for any of these eventualities.
5. DCC will carry out regular pass checks throughout the year.
6. Drivers are not allowed to carry passengers who cannot show a valid pass.
7. If your child loses their pass during the day they should go to the AtHoS offices to ask for a 10 day temporary pass. Replacement passes cost £5 each and can be ordered online, or by sending a cheque with a replacement form.

Further information is available at: http://www.devon.gov.uk/school_transport

COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers - Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers - Trutex GTN (2 pocket black)/David Luke DL965 black).
- **All trousers must have Clyst Vale logo rivet on waistband.**
- Skirts - Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at www.thomasmooretoymaster.co.uk.

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

CONTACT INFORMATION

Address: Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon EX5 3AJ

Tel: 01392 461407 **Library:** 01392 464010

Email: admin@clystvale.org **Web:** www.clystvale.org

Principal: Kevin Bawn, BA PhD

