



# NEWSLETTER

**No. 575**  
**w/c Monday 8 January 2018**  
**will be Week B**

**"Patience has its limits. Take it too far, and it's  
cowardice"**  
**George Jackson**

Dear Parents/Carers,

## **Happy New Year!**

On behalf of my colleagues, may I wish everyone a happy, healthy and successful 2018. Just as sustaining new year resolutions about diet, fitness or pretty much anything else requires a bit of vision, some specific goals, deadlines, perseverance and determination, so it is for success in an academic or exam sense. It may be a new year, but the basic messages are timeless: focus on your studies, get organised, work hard, take advice, and don't give up. Despite some unpleasant weather this week, it has been a good and purposeful start to term. Year 13 face mocks in a couple of weeks; Year 11 are in a key period of reflection and review as the implications of their mocks are considered. For other year groups it is essential to settle down quickly into good routines and study habits.

## **Internet Use and Abuse**

The Children's Commissioner has this week published "Life in Likes", a report into internet and social media use by children, especially on transition to secondary school. If you would like to see the document, the link is as below, and it can be downloaded as a pdf.

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2018/01/Childrens-Commissioner-for-England-Life-in-Likes.pdf>

One recommendation is that schools should have compulsory digital literacy lessons in Years 6 and 7. In some media, this has become diverted into a debate as to whether it's schools or parents who are responsible for a child's internet safety and responsible use. In my view, it's both, not an either-or. The report raises valid points, though. Primary and secondary schools, including the Clyst Vale Learning Community schools, all offer digital literacy and internet safety lessons. However, the social and emotional aspects of becoming more obsessed with likes than learning, and virtual rather than real friendships are important ones, and we will clearly be reflecting on our provision.

## **Parents' Evenings**

We are holding subject-based Parents' Evenings for Year 10 next Thursday (11<sup>th</sup> January) and for Year 11 on Tuesday 23<sup>rd</sup> January. These are especially important evenings, and if you are unable to attend or have difficulties with the booking system, please contact the relevant AtHoS so that we can arrange feedback or conversations with key teachers.

## **Staff Changes**

We're delighted to welcome back Mrs Sarah Lush to our English team. Mrs Lush previously taught English at Clyst Vale from September 2008 to September 2012, and after a career break and period of supply teaching she is now back with us.

## **Tesco Bags of Help Scheme**

I hope we're all shopping at Exeter branches of Tesco, and putting our "Bags of Help" tokens in the slot for our Gardening Club! As the text in Tesco reads, "We need to replace our condemned greenhouse, so that we can continue to nurture our plants, transform our school grounds, grow our fruit and veg and our future gardeners." Gardening is not perhaps an activity automatically linked with teenagers, but there is a hard-core of students at Clyst Vale who really enjoy their gardening, and we do our best to cater for as wide a range of interests as possible.

## **Cups for Drinking Water**

For a long time we have provided free plastic cups for drinking water, but have decided to stop doing this from next week. We will still provide free, filtered drinking water, but students will need to bring in their own refillable water bottles. There are two main reasons for this decision: the cups are flimsy, light, easily shredded and blown about, so it will help the litter situation considerably. The second reason is that we are trying to be more environmentally friendly and reduce our use of plastic; plastic cups are a "quick win", and we are working with Caterlink to find alternatives to plastic-based packaging and plastic cutlery. To reiterate, there is no change to providing water, but students will need a bottle. Bottled waters will still be on sale.

## **Can Ban**

Still on the subject of drinking, I was interested to see in yesterday's news that Waitrose is about to ban sales of energy drinks to under-16s, and hope that other retailers follow suit. Regular Newsletter readers will know that we don't like energy drinks, either, because of their health implications (caffeine and sugar) and because they cause highs and slumps which affects both behaviour and learning negatively. We have very simple guidance on this: we don't allow any canned drinks, nor aerosols, so if it's a can it's banned!

## **Uniform**

We would be thrilled if ALL students could make resolutions to remember their ties and to tuck in their shirts! Actually, uniform is pretty good, but I must remind students and parents that black jeans, jean-style trousers and "skinnies" are not OK.



**Dr Bawn**



# STUDENTS OF THE WEEK



## RED SCHOOL

7REW	Reese Aldridge
7RTMA	Coby Stokes
8RCJ	Harry Down
8RCM	Will Jermey
9RZB	Joe Ford
10RAR	Rowan Greaves
10RLA	James Clark
11RDH	Holly Rankin
11RGG	Lauren Harker

## YELLOW SCHOOL

7YRB	Mia Rice
9YZK	Emily Lyon

## CALENDAR DATES

Thur 11 Jan	Y10 Parents' Evening
Sat 13 - Sun 14 Jan	Ten Tors Overnight 1 Dartmoor
Mon 15 Jan	Y11 Photographs
Sat 20 - Sun 21 Jan	DofE Bronze Practice/Ten Tors Overnight 2, Dartmoor
Mon 22 - Fri 26 Jan	Y13 mocks/practice exams
Tues 23 Jan	Y11 Parents' Evening
Tues 6 Feb	Y9 Options Evening
Fri 9 Feb	Non Uniform Day - MIND
Mon 12 - Fri 16 Feb	Spring Half Term (Ski Trip & Washington Trip)
Thurs 22 Feb	Y9 Parents' Evening
Sat 24 - Sun 25 Feb	Ten Tors Overnight 3, Dartmoor
Wed 28 Feb - Fri 2 Mar	Y12 Geography Fieldwork trip, Swanage
Thur 8 - Mon 12 Mar	Y11 Core Mocks
Wed 21 - Tue 27 Mar	Y10 Mocks
Fri 23 Mar	Non Uniform Day - Sport Relief
Thur 29 Mar	End of Spring term

# January Marketing Bulletin

Welcome to the January edition of your Marketing Bulletin. We're Caterlink, your schools caterer. We want to let you know about the great offers, promotions, events and deals we have coming up this month - So, in January we have International Hot & Spicy Day, In season food hero Kale, Chinese New Year and the latest stop on your food journey is Destination Thailand.

Meal deals, loyalty cards and product promotions throughout the month.

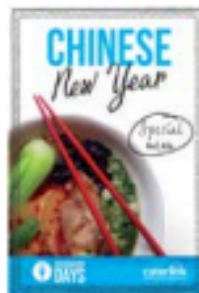
## INTERNATIONAL HOT & SPICY DAY

We will be turning up the heat on this very spicy day. Expect hot pots, spicy bean burgers, tikka, buffalo chicken wings and lots of salsa.



## CHINESE NEW YEAR

Chinese New Year aka the Spring Festival in modern China, will introduce traditional and non traditional food and recipes to pupils. Some of which includes noodles, egg rice, prawn crackers and of course an abundance of sweet and sour flavours.



## DESTINATION THAILAND

Pupils will be introduced to delicious oriental food. We have some fantastic unique recipes for the pupils including Thai sweet potato soup and a spin on Thai Green Curry. The aromatic, fragrant flavours of Destination Thailand are sure to have taste buds tingling.



## FOOD HERO KALE

We all know that Kale is a superfood so we want to incorporate it into our food in delicious ways. Kale & chocolate brownies, kale soups and kale salads are just some of what we have in store.



## Attendance, Absence and Requests for Absence

You need to let the College know of any absence on the first day it occurs. If you do not notify the College, then your Assistant to Head of School (AtHoS) will contact you to identify the reason for absence.

This will help to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

### For Years 7 - 11 Absences

Please contact the relevant AtHoS

Yellow School: Claire Turner (01392 463914; [turnerc@clystvale.org](mailto:turnerc@clystvale.org))

Green School: Catherine Hellier (01392 463913; [hellierc@clystvale.org](mailto:hellierc@clystvale.org))

Red School: Pam Grant (01392 463910; [grantp@clystvale.org](mailto:grantp@clystvale.org))

### For Year 12 - 13 Absences

Please ring:

Jassy Barrington Post-16 PA

Direct line: 01392 462697

(answerphone available)

email: [barringtonj@clystvale.org](mailto:barringtonj@clystvale.org)

## School Transport

1. Clyst Vale supports the (DCC) Devon County Council's "No Pass No Travel Scheme" that operates on transport to and from this College.
2. Only students who show a valid travel pass to the driver **on every journey** will be allowed to travel. Students must travel on the vehicle indicated on their pass.
3. **Please ensure that your child has their travel pass before they leave home every day.**
4. Please ensure that your child knows what to do in the event they are not allowed to travel or the bus does not arrive (e.g. because of breakdown or traffic conditions or severe weather). College attendance is very important and it is best to be prepared for any of these eventualities.
5. DCC will carry out regular pass checks throughout the year.
6. Drivers are not allowed to carry passengers who cannot show a valid pass.
7. If your child loses their pass during the day they should go to the AtHoS offices to ask for a 10 day temporary pass. Replacement passes cost £5 each and can be ordered online, or by sending a cheque with a replacement form.

*Further information is available at: [http://www.devon.gov.uk/school\\_transport](http://www.devon.gov.uk/school_transport)*



Do you use twitter? Then why not follow us @clystvale to find out what's going on in the College community.

## COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal.

**If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

### Uniform for all Students in Years 7 to 11

- White collared shirt.
- School colour tie.
- Clyst Vale V-neck jumper with School colour logo.
- Trousers should be plain, black, formal and full length. This means no jeans, leggings, chinos or any trousers with rivets or studs. Trousers must be worn on the waist.
- Skirts should be plain black, and may be worn just above the knee. Skirts must be A-line or straight, but not stretchy or “skater” style.
- Knee length black tailored shorts may be worn in the summer.
- Black sturdy shoes or all black trainers.
- Clyst Vale reversible jacket or other outdoor coat.

**Main uniform, PE kit and reversible jacket can be purchased from Thomas Moore.**

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

**The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College – extreme hair styles, of either cut or colour, are not permitted.**

### CONTACT INFORMATION

**Address:** Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon EX5 3AJ

**Tel:** 01392 461407 **Library:** 01392 464010

**Email:** admin@clystvale.org **Web:** www.clystvale.org

**Principal:** Kevin Bawn, BA PhD

