



# NEWSLETTER

## THOUGHT OF THE FORTNIGHT

*"Librarians consider free access to information the foundation of democracy."*

**Marilyn Johnson**

**No. 660**  
**w/c Mon 16 March**  
**will be Week A**

Dear Parents/Carers,

**Coronavirus (Please also refer to the updates in "Latest Information" on the College's website home page).**

The situation and government advice has shifted somewhat as we have moved into the "delay" phase of the national response. Anyone with coronavirus symptoms is now expected to self-isolate for seven days. Clearly, it is hugely important that if this is the case for you/your family please let us know! Purely from a school management point of view this could become very difficult to manage, with changing (and possibly declining) numbers of staff and students attending, almost on a daily basis. We intend, of course, to send work to students who are self-isolating; however, this could also become complex if several students per class are missing, we're doubling-up groups, and a teacher is already setting work for the class, or even another class s/he doesn't usually teach, as well as actually teaching them. We could also be in a position of having to close or part-close the College depending on the numbers of teachers present, and our ability to keep students safe. As for extreme weather, this would be communicated via the website and our messaging system. As in all schools, there could be a fair bit of doing our best, muddling through and asking forgiveness if it doesn't work absolutely perfectly.

Following government advice yesterday, the Year 7 visit to Paris on 23<sup>rd</sup> March will not go ahead. While this is hugely disappointing for the students, I suspect there is an element of relief as well. Quite apart from the health risks, the need to self-isolate on return, and the risk of getting caught in an isolation lockdown, there is a very real possibility the attractions in Paris won't be open anyway: EuroDisney (for some reason the students' highlight of the trip, rather than the classic architectural styles and monuments of the Parisian skyline) closed yesterday. Regarding other trips due to go in the summer term, it's a bit early to cancel, but we will be in discussion with the various companies (who are understandably prioritising trips leaving today and over the weekend rather than July), although cancellation has to be a possibility depending on how events unfold.

At the moment, it is very clear that the government expects schools to remain open, although other aspects of advice are less clear. However, the *possibility* of school closures has increased. It's difficult to plan for all the scenarios: a 2-3 day closure for deep cleaning is different from a two-week closure, which is different again to the extreme 13-16 week closures proposed by some medical scientists (the last would have to involve government intervention and be well beyond my control !). Our approach in the event of closures will be to keep it as simple and accessible as we can. We will primarily use e-mail to students' school accounts. We will send work according to the students' normal timetable; not literally on the hour every hour, but on the day. We realise that there is a wide range of connectivity between families and if a family is self-isolating, with (say) both partners working from home and any number of children studying, there will be considerable pressure on the main family computer and a need for flexibility. The College is also a business, so there are also a lot of contingency plans to keep things ticking over.

Every family is different, so I would be foolish to generalise. However, we are well aware that this is an extremely worrying time for some, adding pressure on to existing pressures. As well as the children, parents and carers could have all sorts of work issues caused by coronavirus, and the growing uncertainty of a school closure will be a huge concern to some. A difficult aspect is this uncertainty: for students in exam years, for example, they are preparing and building towards exams in May and June, but will those exams happen as planned, and what would be the implications if the exams were delayed in some way ? Again, please contact us if this is likely to have an effect on your child's ability to learn.

Teenage behaviour is interesting at the best of times. It's evident that some students have been unsettled by national and international events, on top of the usual concerns and, for many, exams. But students know right from wrong, how to behave, and like the rest of us have to dig a little bit deeper. That said, the vast majority are generally keeping calm and carrying on; we're continuing to educate them, and prepare for those exams. Up to now, there has hardly been any disruption beyond normal levels of absence, and long may this continue.

### **Coronavirus Postponements and Cancellations**

Apart from the Paris trip, we have also decided to cancel both the Sports Award Evening on Thursday 19<sup>th</sup> March and the Parent Forum workshop on Tuesday 24<sup>th</sup> March (which had only just been arranged !). Both events would have been brilliant, but they are not absolutely essential to the core business of teaching and learning, so we feel that in the present situation it would be advisable to postpone a couple of public gatherings.

### **Year 10 Parents Evening**

Once again, thank you to parents and carers of Year 10 students for an excellent attendance and (for most) a positive evening on Tuesday. A special mention to any parent with children in Year 9 and Year 10: you must feel like you live at Clyst Vale. The exit questionnaire results are as follows.

		<u>Str Agree</u>		<u>Agree</u>		<u>+VE</u>	<u>Disagree</u>		<u>Str Disagree</u>		<u>nr</u>
			%		%	%		%		%	
1	Happy	50	60	30	36	96	1	1	2	2	0
2	Safe	53	64	29	35	99	0	0	1	1	0
3	Good behaviour	37	45	42	51	96	3	3	1	1	0
4	Bullying dealt with	39	51	32	42	93	5	7	0	0	7
5	Aware of learning	32	39	46	56	96	5	5	0	0	1
6	School responds well	45	56	32	40	96	1	1	2	3	3
7	SEND and support	20	44	23	51	95	0	0	2	5	38
8	High expectations	42	51	36	43	94	5	6	0	0	0
9	Child does well	47	57	34	41	98	1	1	0	0	1
10	Well informed re prog	42	51	39	47	98	2	2	0	0	0
11	Good range of subjects	50	60	31	37	97	2	2	0	0	0
12	Access to clubs	47	57	34	41	98	0	0	1	1	1
13	Wider personal devtpt	47	57	32	39	96	3	3	1	1	0

14	<u>Recommend?</u>	Yes	79	No	2	NR	2
----	-------------------	-----	----	----	---	----	---

You can't read too much into one set of data, but it's encouraging that satisfaction scores are all above 90%. Again, there is confirmation that Clyst Vale is a safe and happy school. Something which caught my eye in a good way is that the satisfaction score for "being aware of what my child is learning" is higher than for lower year groups.

### Next Steps South West Articulary Project

NSSW is a collaboration between the South West's universities which aims to develop and encourage students into higher education from areas with very low take-up. One of its very successful projects is the Articulary Project which Year 9 Clyst Vale students have benefited from in recent years. It's intensive, with a focus on careers, skills and ambitions, but heavily biased towards developing students' speaking and listening skills. Our students' attitude and behaviour were truly fantastic, according to the trainers who visit many schools. I am told that some of the students will write a piece for next week's Newsletter, so I shall say no more.

### Period Poverty Scheme

This follows from a completely different set of government announcements in January, when life was calm and tranquil. Free period products are being supplied to girls who are unable to afford them. Accordingly, we have run assemblies on the topic, and made the decision to include boys because they need to know. We are piloting bags of products in each of the girls' toilets to avoid the embarrassment of having to go and ask; clearly, we expect and hope that girls will treat this initiative with the respect it deserves. Last Friday, there was a "giveaway" of products and it was great to see the girls confidently asking for some items. We plan to repeat a "giveaway" in the summer term.

Best wishes,



Dr Bawn

## ICELAND TRIP FEBRUARY 2020

At the start of half term Mr Kerrigan, Miss Govier and Miss McConnachie took 30 students to Iceland. During our time in Iceland we saw so many amazing land marks: volcanoes, glaciers, waterfalls, geysers as well as hot springs and much more.



On the first day we went to Thingvellir National Park where we saw the largest freshwater lake in Iceland, the oldest parliament in the world as well as where the North American plate meets the Eurasian plate. We then went to the secret lagoon, a naturally heated pool that we could swim in. After the secret lagoon we went to Strokkur, a large active geyser that erupts every 5-10 minutes. We then went to Gullfoss, an enormous waterfall that has created a gorge thousands of metres long and almost a hundred metres deep. The part I most enjoyed on the first day was the swimming in the hot springs, however I found the geyser particularly interesting watching it erupt.

On the second day we went to Skógafoss, a 60m waterfall in the south near Eyjafjallajökull, a very active volcano, which last erupted in 2010. We then went to a volcanic beach called Reynisfjara; it has some of the world's largest waves as they are blown across the Atlantic Ocean from the Antarctic, it also has black volcanic sand. After that we made two more stops before we got back to the hostel: one at Sólheimajökull a glacier and another at a second waterfall called Seljalandsfoss. My personal favourite for this day had to be the glacier as I had never seen one so close before and realised how vast they are.



On the last day of our trip we explored parts of Iceland's capital, Reykjavik. We saw the Hofdi House where the peace talks were held for the cold war, the president's house and Hallgrímskirkja the church with the largest organ in Europe. We then had lunch at the Hard-Rock café opposite the president's house before catching the bus to the airport.

I really enjoyed the trip and I would highly recommend exploring Iceland and its amazing landscape to anyone. I would also like to say thanks to Mr Kerrigan, Miss Govier and Miss McConnachie for organising the trip.

**Charlie Blackburn Y11**

## Hula Hoops

I run a very popular hula hoop club in the dance studio on Thursday lunch times, which is attended by members of all year groups. Sadly we are down to the grand total of 4 hoops and, due to funding can buy no more at present. Do you have any unused hoops gathering dust and cobwebs in your shed? If so we would love to give it a home (please remove all spiders first!) Also, Poi are very popular and we have only one set, so these would also be gratefully received. Please bring them into school and give them to Mrs Gillespie, or drop them in at reception.



Many thanks from the Clyst Vale Hooper's!

**Claire Gillespie**  
Study Supervisor and Learning Mentor

## **Year 8 Bude Residential 2020—Amended date**

All parents are invited to attend a Bude Information Evening on **Tues 17th March**. **Please note the change of date as, unfortunately, there was a double booking.** The evening will start promptly at 6pm and will be finished at approximately 7pm. The owner/manager of the centre will be present to answer any of your questions that we are unable to.

We look forward to seeing you!

**Mr Pearce & Mrs Elliot**

## **Autism: Supporting Parents and Carers Workshop - 1 May 2020**

Autism is a neurodevelopmental condition which affects the brain's development. It is a lifelong condition, with characteristics that appear in early childhood. This workshop is for families, carers, teachers and early years practitioners.

Date: Friday 1st May 2020 (10am – 2.00pm)

Venue: Colyton Caterpillars, Reece Strawbridge Centre, Coly Road, Colyton, Devon  
EX24 6PU

Delegate price £20

Parents/Carers FREE

Tea & coffee included – bring your own lunch

Bookings please follow link: <https://www.devon.gov.uk/eycs/autism-supporting-parents-and-carers-workshop/> (<https://www.devon.gov.uk/eycs/autism-supporting-parents-and-carers-workshop/>)

**Mrs Long  
SENDCo**



# STUDENTS OF THE WEEK



## RED SCHOOL

7RAO	Finlay Woollacott
7RAR	Tegan Wreford
8RGG	Edie Pepper
8RSJ	Tabitha McLennan & Bradley Perry
9RSS	David O'Neill
9RTMa	Ellie Clark
10RCJ	Lara Gulec
10RCM	Maddie Phillips
11RZB	Dylan Cadwallander & Aidan Potter

## YELLOW SCHOOL

7YSP	Harry Bunday
7YDS	Lily-Anne Ward
8YNS	Brooke Greenham
8YMPR	Nicholas Gawler-Collins
9YCW	Reuben Reed
9YRB	Kaiden Harris
11YZK	Alice Wooldridge
11YMM	Mary Farrant



HM Government



## CORONAVIRUS: PUBLIC INFORMATION

The Government and NHS are well prepared to deal with this virus.

You can help too.

Germs can live on some surfaces for hours.

To protect yourself and others:

- Always carry tissues with you and use them to catch your cough or sneeze.
- Bin the tissue, and to kill the germs, wash your hands with soap and water, or use a sanitiser gel.
- If you have arrived back from China within 14 days follow the specific advice for returning travellers.

This is the best way to slow the spread of almost any germs, including Coronavirus.

Find out more at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)



# SPORTS NEWS

## Post 16 Multi-sport Event

Well done to the boys and girls from Clyst Vale's Post 16 who represented the college with such enthusiasm and maturity on Wednesday afternoon! The boys football was led by Jack Wright, enjoying a series of matches on the 3G pitch against neighbouring sixth forms. Whilst competitive, the games were self officiated and it was great to see players helping up opposition and running their own substitutions.

Stand out players were JJ in goal who proved hard to beat and brilliant. Brad whose nimble footwork was rewarded with a number of goals. There was also table tennis and badminton on offer with the latter being the most popular. Mya and Ollie started as a very able mixed doubles and brought back memories of lower school success at the local tournaments. Equally reminiscent was Edwin who found an able foil in Will Kilkelly and in truth they were in a league of their own. Refreshments all round at the end and a top afternoon of fun!

The next Post 16 event will be netball, ultimate frisbee and softball. Roll on the Summer Term.!



Mr Powell

## Scholastic Book Club

Our new Scholastic Book Club is up and running! Go to <http://schools.scholastic.co.uk/clyst-vale> (<http://schools.scholastic.co.uk/clyst-vale>) to browse the latest books and order online. For every £1 you send on this month's Book Club, our school will earn 25p in Scholastic Rewards.

Please place your orders by 25th March, 2020.



Lucy Southard

Librarian

# MARCH MARKETING BULLETIN

Welcome to the March edition of your Marketing Bulletin. We're Caterlink, your school's caterer. We want to let you know about the great offers, promotions, events and deals we have coming up this month - So, in March we have International Waffle day, St Patrick's Day, St David's Day, British Pie Week, Time for a Cuppa Week, Food Hero: Leeks and the latest stop on your food journey is Destination India.

Meal deals, loyalty cards and product promotions throughout the month.

## INTERNATIONAL WAFFLE DAY



Celebrate at your school with a selection of topped waffles. These include, Fresh fruit, sauces, bacon plus much more!

## Food Hero Leek



Leeks are versatile, tasty, and easy to prepare, making them a great Food Hero for March! Our recipes include leek & potato cakes, chicken & leek pie, leek slaw and much more.

## ST PATRICK'S DAY



St Patrick's Day will be celebrated with all things green! Including, Peppers, limes, apples, leeks, celery and plenty of flavour, along with some irish classics.

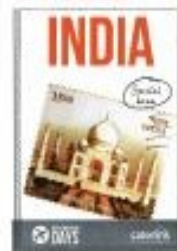
## ST DAVID'S DAY



St David's Day will be celebrated with a variety of welsh culture, including rarebit muffins, welsh cakes, Shepherd's pie and much more.

## DESTINATION

### india



Pupils will have an opportunity to try some ever popular food. We have some fantastic unique flavours for the pupils including a Curry counter, fresh herbs and spices and an assortment of curry style sandwiches!

## BRITISH PIE WEEK



Let's celebrate the Great British Pie! Whether it is Savoury or Sweet. Shortcrust, Puff, Filo, Ruff Puff. With a bottom and top or just a top, Loaded with Potato, its still a Pie....

## TIME FOR A CUPPA WEEK

Let's celebrate everything tea related! Including iced tea, tea infused biscuits and a tea and cake meal deal. Have a break with a cuppa!





# MARCH MARKETING BULLETIN

Welcome to the March edition of your Marketing Bulletin. We're Caterlink, your school's caterer. We want to let you know about the great offers, promotions, events and deals we have coming up this month - So, in March we have International Waffle day, St Patrick's Day, St David's Day, British Pie Week, Time for a Cuppa Week, Food Hero: Leeks and the latest stop on your food journey is Destination India.

Meal deals, loyalty cards and product promotions throughout the month.

## INTERNATIONAL WAFFLE DAY



Celebrate at your school with a selection of topped waffles. These include, Fresh fruit, sauces, bacon plus much more!

## Food Hero Leek



Leeks are versatile, tasty, and easy to prepare, making them a great Food Hero for March! Our recipes include leek & potato cakes, chicken & leek pie, leek slaw and much more.

## ST PATRICK'S DAY



St Patrick's Day will be celebrated with all things green! Including, Peppers, limes, apples, leeks, celery and plenty of flavour, along with some irish classics.

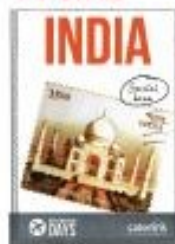
## ST DAVID'S DAY



St David's Day will be celebrated with a variety of welsh culture, including rarebit muffins, welsh cakes, Shepherd's pie and much more.

## DESTINATION

### india



Pupils will have an opportunity to try some ever popular food. We have some fantastic unique flavours for the pupils including a Curry counter, fresh herbs and spices and an assortment of curry style sandwiches!

## BRITISH PIE WEEK



Let's celebrate the Great British Pie! Whether it is Savoury or Sweet. Shortcrust, Puff, Filo, Ruff Puff. With a bottom and top or just a top, Loaded with Potato, its still a Pie....

## TIME FOR A CUPPA WEEK

Let's celebrate everything tea related! Including iced tea, tea infused biscuits and a tea and cake meal deal. Have a break with a cuppa!



# *LUNCH CLUBS Monday-Wednesday*

Day	Club	Time	Where	Changing Room	Teacher
Mon	Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Mon	Year 7, 8 & 9 – Basketball	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Mon	Year 9, 10 & 11 – Weights	Lunchtime	Dance Studio	New Block	Mr Pearce
Mon	All Years – Dance	Lunchtime	Dance Studio	New Block	Mrs Elliot
Mon	Year 11 Child Development – Health & Social Care Coursework Catch Up	Lunchtime	VO1	N/A	Mrs Bennett
Mon	B&V Workshop (BY INVITE ONLY)	1.30pm	HU2		Miss Brotherton
Tues	Amnesty	Lunchtime	EN7	N/A	Miss Watt/Mrs Gillespie
Tues	Minecraft	Lunchtime	IT3 & IT5	N/A	Mr Bailey
Tues	Year 7, 8 & 9 – Football	Lunchtime	Field	New Block	Mr Stapleton
Tues	Year 10 & 11 Art GCSE Coursework/ Exam Support Club	Lunchtime	AR3	N/A	Mrs Pieczenko
Tues	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Mrs Bennett
Tues	B&V Year 11 Paper 2 Revision	1.30pm	HU1	N/A	Miss Brotherton
Tues	Year 11 GCSE Food Catch Up (theory or practical)	Lunchtime	DT3	N/A	Mrs Crook
Tues	Ten Tors	1.30pm – 2pm	IT4	N/A	Miss Barrett/Mr Eales
Wed	B&V – KS3 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Wed	Drugs & Alcohol Information Drop-In	Lunchtime	G31	N/A	Mrs Gillespie
Wed	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Wed	Drawing Club – Week B	Lunchtime	Library	N/A	Mrs Foulds
Wed	Year 7, 8 & 9 – Badminton	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Wed	Year 7 – Rugby	Lunchtime	Field	New Block	Mr Pearce
Wed	Year 11 – GCSE Catch Up	Lunchtime	PE5	N/A	Mrs Broomfield
Wed	Year 10 & 11 - Careers & Work Experience Drop In	Lunchtime	Careers Room	N/A	Miss Bennett
Wed	Yugioh Club	Lunchtime	SC3	N/A	Mr Moxey

## *LUNCH CLUBS Thurs - Fri*

Thurs	Hula Hoop Club	Lunchtime	Dance Studio	N/A	Mrs Gillespie
Thurs	Attenborough's Army	Lunchtime	Library	N/A	Mrs Foulds/Miss Matthews
Thurs	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce/Mr Stapleton/ Mrs Elliot
Thurs	Year 10 – Indoor Football	Lunchtime	Sports Hall	Sports Hall	Mr Powell & Mr Brooks
Thurs	Year 7 & 8 Games Club	Lunchtime	HU6	N/A	Miss Jenkins
Thurs	B&V KS4 Student Support	Lunchtime	HU1	N/A	Miss Brotherton
Thurs	Science Club	1.30pm – 2pm	SC2	N/A	Dr Odunlade
Thurs	Year 10 GCSE Food Practical	Lunchtime	DT3	N/A	Mrs Crook
Fri	Week B Music Club	Lunchtime	PA2	N/A	Mrs Sprenkel
Fri	Various Years – Inter-Tutor	Lunchtime	Various	Various	Mr Pearce, Mrs Elliot, Mr Stapleton & Mrs Broom- field
Fri	Post 16 & Year 11 (invite)	Indoor Football	Sports Hall	Sports Hall	Mr Powell
Fri	Minecraft	Lunchtime	IT3	N/A	Mr Bailey
Fri	Week A Year 9 Baking Club (starting 20 <sup>th</sup> September)	Lunchtime	DT3	N/A	Mr Krasko
Fri	Week A Year 11 Child Development – Health & Social Care Course- work Catch Up	Lunchtime	VO1	N/A	Mrs Bennett

## **Attendance, Absence and Requests for Absence**

Please let the College know of any absence on the first day it occurs.

If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness.

If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy.

Please note, the College may ask you to provide medical proof if a student is absent from College due to illness.

Medical appointments:

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance.

The timing of many medical appointments means that often students can attend school first, and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. Therefore, we ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment, if they can.

Thank you for your support in helping your child maximise their attendance and learning.

### **For Years 7 - 11 Absences**

Please ring:

Penni Ball (Attendance Officer)

Direct line: 01392 463911

Email: [studentabsence@clystvale.org](mailto:studentabsence@clystvale.org)

### **For Year 12 - 13 Absences**

Please ring:

Jassy Barrington (Post-16 PA)

Direct line: 01392 462697

Email: [barringtonj@clystvale.org](mailto:barringtonj@clystvale.org)






Do you use Twitter? Then why not follow us @clystvale to find out what's going on in the College community.





# Lunch Menu

This Menu is available on the following weeks, date commencing;  
31<sup>st</sup> December, 21<sup>st</sup> January, 11<sup>th</sup> February, 4<sup>th</sup> March, 25<sup>th</sup> March






Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Beef Burger, in a bun served with crisp slaw and sauces	 Chilli Con Carne or Vegetable Chilli On a bed of rice	Roasted Gammon Or Turkey Served with stuffing & crispy roast potatoes	 Delhi Chicken Tikka Masala Or Chickpea & lentil Daal	Catch of the Day Served with lemon wedge & tartare sauce
<b>Vegetarian Main Meal</b>	Vegan Spinach & Kale Burger in a brioche Bun	Mexican Vegetables with Feta, Nachos & salsa	 Macaroni Cheese topped with bbq beans, garlic bread & Salad	Served with rice, naan bread & a selection of side dishes	Roasted Vegetable, Tzatziki & Feta Wrap Served with chips
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
<b>Family Favourites</b>	Vanilla sponge & vanilla sauce	Warm chocolate & beetroot brownie with cream	Toffee Apple crumble & custard	Creamy Rice pudding & berry compote	Fruity Flagjack & custard

A daily selection of fresh Grab & Go items are also available.  
Some dishes may vary and are subject to availability

**caterlink**  
feeding the imagination

# Lunch Menu

This Menu is available on the following weeks, date commencing;  
7<sup>th</sup> January, 28<sup>th</sup> January, 18<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Classic Beef Lasagne served with garlic bread	 Marinated Chicken pieces Or Spicy Bean Burger	Chefs Roast Of The Day Pork or Turkey Served with stuffing & crispy roast potatoes	 Madras Curried Chicken Thighs Or Cauliflower &	Catch of the Day Served with lemon wedge & tartare sauce
<b>Vegetarian Main Meal</b>	Leek & Mushroom Lasagne served with garlic bread	Served with side dishes including wedges rice & Onion Rings	 Macaroni Cheese topped with herby croutons & salad	Served with rice, naan bread & a selection of side dishes	Vegan Sweet Chilli Vegetable Stir Fry Served with Noodles
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>		Pasta, & Jacket Potato add your choice of hot topping from our freshly prepared selection; Daily Pizza Selection we will offer both meat and vegetarian choices every day			
<b>Family Favourites</b>	American style pancakes with toppers	Chocolate sponge & chocolate sauce	Rhubarb & orange crumble with custard	Carrot cake & cream cheese frosting	Apple & Cinnamon turnover






A daily selection of fresh Grab & Go items are also available.  
Some dishes may vary and are subject to availability

**caterlink**  
feeding the imagination



# Lunch Menu

This Menu is available on the following weeks, date commencing:  
14<sup>th</sup> January, 4<sup>th</sup> February, 25<sup>th</sup> February, 18<sup>th</sup> March, 8<sup>th</sup> April

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Baked Sausage & Egg Bean burrito with a cheesy crust	 Marinated Chicken strips or Falafel & Hummus	Roasted Garlic & Herb Chicken  Served with crispy roast potatoes	 Beef Meatball Madras Curry Or Mughlai Vegetable Korma	Catch of the Day  Served with lemon wedge & tartare sauce
<b>Vegetarian Main Meal</b>	Vegan savoury cous cous & Vegetable burrito with salsa	Including Khobez wraps, salads & sauces	 Macaroni Cheese topped with seasonal roasted vegetables, garlic bread & salad	Served with rice, naan bread & a selection of sides	Butternut squash & mushroom frittata
<b>On the Side</b>	Choose from our selection of fresh vegetables, salad, potatoes, rice and pasta. Our daily menu will confirm the days offer Chips are served on Fridays				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pizza, Pasta &amp; Jacket Bar</b>		Pasta, & Jacket Potato Add your choice of hot topping from our freshly prepared selection Daily Pizza Selection we will offer both meat and vegetarian choices every day			
<b>Family Favourites</b>	Chocolate & orange muffin	Vanilla shortbread & custard	Spiced pear crumble & vanilla sauce	Pineapple upside down pudding & custard	Fairtrade Banana bread

A daily selection of fresh Grab & Go items are also available.  
Some dishes may vary and are subject to availability



## CHARITY NEWS Non-Uniform Days – 2020

As a Rights Respecting School, we asked the students who they would like to raise money for on our non-uniform days.

This is who they chose and below are the dates of 2020's non-uniform days.

Fri 14<sup>th</sup> February 2020 – Devon Air Ambulance Trust

Fri 27<sup>th</sup> March 2020 – Children's Hospice South West



Registered Charity No. 1003314



# CALENDAR DATES

<b>SPRING TERM 2020</b>	
Sat 14 & Sun 15 March	Ten Tors Practice Weekend
Tues 17 March	Bude Parents' Evening
Tues 17 March	Deep Learning Day
Tues 17 March	Y12 UCAS Convention, Westpoint
Thurs 19 March	Y9 DTP and Meningitis ACWY vaccinations 9am - 3.30pm
Thurs 19 March	PE Sports Awards Evening 6pm-8pm
w/b Mon 23 March	Y10 Mock Exams
Mon 23 March - Fri 27 March	Y7 Paris Residential Trip
<b>Fri 27 March</b>	Non-Uniform Day (Children's Hospice South West) <b>LAST DAY OF SPRING TERM</b>
<b>SUMMER TERM 2020</b>	
Wed 15 April	Start of Summer Term
Sat 16 & Sun 19 April	Ten Tors Practice Weekend
Thurs 23 April	Y7 Parents' Evening 4.15pm - 7.15pm
Fri 01 - Sun 03 May	Ten Tors Main Event
Fri 08 May	Bank Holiday - 75th anniversary of VE Day
Fri 15 May	Y13 Study Leave Starts
Fri 22 May	Y11 Study Leave Starts
<b>Mon 25 - Fri 29 May</b>	<b>SUMMER HALF TERM</b>
Weds 10 June	Y8 & Y9 Vaccination Mop-Up Session 9am - 1.30pm
Thurs 11 June	Y6 Non-Feeder Schools' Evening 6.00pm - 7.30pm
Sat 13 - Monday 15 June	Silver Duke of Edinburgh Event
w/b 15 June	Y9 & Y12 Exams
Mon 22 & Tues 23 June	Y10 Post-16 Taster Days
Fri 26 June	Y11 Prom 6.00pm - 11.00pm Deep Learning Day (tbc)
Fri 27 June - Tues 30 July	Gold Duke of Edinburgh Practice
Weds 01 - Fri 03 July	Y6 Transition Days
Mon 06 July	New Intake Parents' Evening 6.00pm - 8.00pm

*Continued overleaf*

## CALENDAR DATES cont'd

Tues 07 July (tbc)	Sports Day
Thurs 09 July (tbc)	Sports Day (reserve date)
Fri 10 July	Last Day in CVCC for Y12
w/b 13 July	Main Trips Week Y10 and Y12 Work Experience
Mon 13 - Fri 17 July	Y13 Gold Duke of Edinburgh Practice
<b>Fri 17 July</b>	<b>LAST DAY OF SUMMER TERM</b>

### School Transport

1. Clyst Vale supports the (DCC) Devon County Council's "No Pass No Travel Scheme" that operates on transport to and from this College.
2. Only students who show a valid travel pass to the driver **on every journey** will be allowed to travel. Students must travel on the vehicle indicated on their pass.
3. **Please ensure that your child has their travel pass before they leave home every day.**
4. Please ensure that your child knows what to do in the event they are not allowed to travel or the bus does not arrive (e.g. because of breakdown or traffic conditions or severe weather). College attendance is very important and it is best to be prepared for any of these eventualities.
5. DCC will carry out regular pass checks throughout the year.
6. Drivers are not allowed to carry passengers who cannot show a valid pass.
7. If your child loses their pass during the day they should go to the AtHoS offices to ask for a 10 day temporary pass. Replacement passes cost £5 each and can be ordered online, or by sending a cheque with a replacement form.

*Further information is available at: [http://www.devon.gov.uk/school\\_transport](http://www.devon.gov.uk/school_transport)*

## COLLEGE DRESS

Clyst Vale aims to maintain a simple pattern of College dress to promote a clear sense of identity and enable students to come sensibly dressed, at reasonable cost, for a range of learning activities. If a student is improperly dressed, correct uniform will be provided for that day or the student may be sent home to change his/her clothing, at the discretion of the Principal. **If parents are in any doubt about the suitability of an item of uniform they should check with the College before buying it.**

### Uniform for all students in Years 7 to 11

- White collared shirt
- School colour tie
- Clyst Vale V-neck jumper with College logo.
- Boys trousers - Banner Slimbridge (Black)/Banner Falmouth (Black).
- Girls trousers - Trutex GTN (2 pocket black)/David Luke DL965 black).
- **All trousers must have Clyst Vale logo rivet on waistband.**
- Skirts - Blue Tartan and knee length
- Trutex Senior stitched down/Taylor Tartan (blue) skirt and may be worn no more than 2" above the knee. Knee length black tailored shorts may be worn.
- Black sturdy shoes or **all black** trainers.
- White socks or black tights with skirts.
- Clyst Vale reversible jacket or other outdoor coat.

***All uniform and PE Kit can be purchased from Thomas Moore, Exeter. Thomas Moore offers both a personal service in their shop and also the opportunity to order on line at [www.thomasmooretoymaster.co.uk](http://www.thomasmooretoymaster.co.uk).***

- Eyebrow jewellery, facial, tongue, nose and lip studs are not permitted.
- Leather jackets, all denim garments and all hoodies are not permitted.
- Hats should not be worn indoors.
- Outer coats should be predominantly plain in colour and without large logos.
- A plain white t-shirt or vest may be worn under the shirt.
- On health and safety grounds, shoes should be appropriate for a work place. Flipflops, open toes, Uggs, Dr Martens (or equivalent) are not permitted.
- Jewellery may be worn, providing it is not excessive or potentially hazardous. However, it is a legal requirement that all jewellery must be removed before undertaking sporting activities. It is the responsibility of the wearer to do this.

The Principal, in consultation with the Governors of the College, will decide on the suitability of the appearance of a student attending the College - extreme hair styles, of either cut or colour, are not permitted.

### CONTACT INFORMATION

**Address:** Clyst Vale Community College, Station Road, Broadclyst, Exeter, Devon EX5 3AJ

**Tel:** 01392 461407 **Library:** 01392 464010

**Email:** [admin@clystvale.org](mailto:admin@clystvale.org) **Web:** [www.clystvale.org](http://www.clystvale.org)

**Principal:** Kevin Bawn, BA PhD

