

This is the standard PE kit list – please see next page for changes that are permitted during the Covid-19 period.

Item	Description	Item	Description
	Boys' Vapour Polo Shirt with embroidered school logo. Colour: Navy and sky.		Unisex Cuatro Sports Shorts with embroidered logo. Colour: Navy and white.
	Girls' Haze Polo Shirt with embroidered school logo. Colour: Navy and sky.		Unisex S-Tec Coolmax Football Sock. Colour: Navy, sky and white.
	Unisex Pro Tec Reversible Rugby Shirt. Colour: Navy and sky.		Girls' Navy PE leggings with embroidered school logo. Colour: Navy.

Additional kit

- Suitable sports trainers should be worn for all PE sessions. There are no particular restrictions on style or colour for PE trainers.
- Studded football/rugby boots are required when your child is participating in these particular sports.
- You are strongly advised to provide your child with a gum shield for rugby and shin pads for football. Gum shields can be purchased from the PE department at Clyst Vale.
- Please note that College PE kit is to be worn even if full participation is not possible due to illness/injury. Students will be given alternative tasks within the lesson.
- Physical Education is one of 10 compulsory subjects within the National Curriculum set out by the Education Reform Act (1988). Statutory requirements state that all students should participate in regular Physical Education.
- Students with long hair will need hair bands for all PE lessons.
- All clothing and equipment must be clearly marked with the owner's name / initials.
- Leggings can be worn on their own or under Cuatro shorts. Not advised to be worn on their own for rugby.

Changes to CVCC standard PE kit during Covid-19

- On days when students have PE, **we will allow them to wear PE kit all day.**

*****BUT please read this whole section..... *****

- The reason is to reduce risks of transmission in changing rooms, which would mean lots of students in a confined space, possibly breathing hard after the session.
- However, we are insisting on **high standards of appearance**. We need students to not stretch the rules which makes overall standards fall, or makes the public think badly of Clyst Vale.
- We hope that for most students, they will cleverly combine College uniform and PE kit so they don't have to change but can still look smart.
- The basic PE kit worn **must be CVCC kit or conform to the CVCC requirements for PE** (ie shirts, shorts, skirts, socks).
- Students **can't wear white or coloured trainers all day**. Students will need to bring black shoes for the day, and bring trainers/boots for the lesson only. This is a particular point on which some students may try to take advantage.
- On cold/wet days, students will need to wear extra layers over their PE kit: for example, College jumper, trousers or skirt over PE shorts, coats.
- **This is new:** plain black or navy blue leggings **will be permitted** (provided they are worn for warmth and comfort: for example, they mustn't have logos, be sheer (really thin), or the fashionable ones with see through patches).
- To be crystal clear, **hoodies of any sort**, no matter how sporty or from a club or organisation, **are not allowed**. Similarly, sweatshirts and joggers are not permitted. Neither are tracksuits (tops, bottoms or both) although this **might** change after October half-term.
- If students are in Years 10 or 11 studying GCSE PE or BTec PE, they **MUST NOT** assume that they will have practical PE for every PE or BTec lesson: teachers will tell students.